

# ISC - Alberta Region COVID-19

## Update for Chiefs: *October 21, 2020*

### Updates

#### **Reminder: Flu shots are now readily available.**

Community health staff have been busy gearing up for this year's influenza immunization campaign. Getting the flu shot can help keep you and your community healthy. The flu shot won't prevent COVID-19, but it will reduce your chances of getting sick with influenza and spreading it to others. Connect with your Nation's health centre team to identify when members can start to receive the flu shot and how this year's flu shot clinics may be modified to reflect public health measures.

Additionally, the Government of Canada has developed "Share Traditions, Not the Flu" fact sheets that easily convey messaging for Adults 65 years and older, Children under 5 years as well as general messaging on the the flu shot to "Protect yourself, protect your community" which can be [found here](#).

#### **Halloween during COVID:**

The Provincial government has [provided information and documents](#) to help us all enjoy Halloween as safely as possible this year. Remind to you and your little ones, when going out please:

- Don't go trick-or-treating if feeling ill, even if symptoms are minor
- Choose costumes that allow a non-medical mask to be worn underneath - make sure you can see and breathe comfortably
- Minimize contact with others: trick-or-treat with your family or cohort, remain within your community, and stay 2 metres apart
- Avoid touching doorbells or railings: call "trick or treat" from 2 metres away, knock instead of using doorbells, use hand sanitizer after touching surfaces
- Wash hands and disinfect packages before eating candy

**While difficult, it is our recommendation that people do not host/ attend any gatherings focused on Halloween.**

### Question of the Day

**Q: Need more information about benefits applicable to community members?**

**A: The Government of Canada has an online navigator to help you find what federal and partner assistance might be available**

**If community members do not have access to the internet or face other barriers, a Service Canada Outreach Support Centre will ensure they get access to the critical benefits they need.**

**The outreach support center can be accessed by calling 1-877-631-2657. Outreach workers are available to assist from 8:30am to 4:00pm Monday to Friday.**

### National Information

[Health Canada Recalls and Safety Alerts](#)

#### **The Hope for Wellness Help Line**

is open 24 hours a day 7 days a week to support members of your community experiencing emotional distress and may be reached directly by dialing **1-855-242-3310** or via online chat at: [hopeforwellness.ca](https://hopeforwellness.ca)

# Alberta Cases:

as of October 20<sup>th</sup>, 3:30 p.m. MST

<b>AB Total Confirmed (October 19<sup>th</sup> – 323 new cases)</b>	<b>22,996</b>
<b>AB Recovered Cases</b>	<b>19,500</b>
<b>Confirmed First Nations On-reserve Cases</b>	<b>381</b>
<b>On-reserve Recovered Cases</b>	<b>303</b>
<b>On-Reserve Active Cases</b>	<b>73</b>
<b>Calgary Zone Confirmed</b>	<b>10,379</b>
<b>Central Zone Confirmed</b>	<b>857</b>
<b>Edmonton Zone Confirmed</b>	<b>7,883</b>
<b>North Zone Confirmed</b>	<b>1,705</b>
<b>South Zone Confirmed</b>	<b>2,119</b>
<b>Unknown Confirmed</b>	<b>53</b>
<b>Deaths due to COVID-19</b>	<b>293</b>
<b>On-reserve Deaths due to COVID-19</b>	<b>5</b>

## ICSF Update:

On August 12, the Government of Canada announced an additional \$305 million for the Indigenous Community Support Fund (ICSF). This funding will be available to First Nations communities, as well as Indigenous communities and organizations serving Indigenous peoples, including First Nations living off-reserve as well as in urban centres. The process for the proposal based round of ICSF are to be finalized within the next two weeks. **You will be notified directly by Alberta Region once details are available.** If you have any questions please contact your Community Liaison Team.

## Regional Snapshot



More Alberta case data can be found [here](#)

## Useful Links

### Telehealth Session TOMORROW:

**Thursday October 22 from 1:30 – 3 pm.** Key FNIHB staff will be available for questions. Questions can be submitted in advance or during the presentation to [VChelp@FNTN.ca](mailto:VChelp@FNTN.ca), go to [www.fntn.ca](http://www.fntn.ca) to register.

### Reminder: Blood Tribe PSA

[Welcome to the first video of Blood Tribe's COVID Safety Outreach Campaign, titled "Listen to Granny"](#), a collaboration between Blood Tribe Communications and DerRicStarlight's Nuppets. Granny is invited to Wind Dancer's school where she talks about wearing a face mask and follows up with a song!

### Regional Contact:

Allen Willier, Special Leadership Liaison, is available to support information sharing and to assist you in navigating questions or concerns related to COVID-19. He may be reached at 780-446-8969.