



Diaper Changing Procedure for Child Care Providers

1. Place clean paper liner on change surface.
2. Place the child on paper and fasten child with safety belt. Never leave a child unattended on a change table.
3. Remove and discard soiled diaper (and soiled clothes if necessary) and discard it in a plastic-lined receptacle.
4. Clean skin with single-use towel, wiping from front to back.
5. Use a single-use dispenser for ointment or creams.
6. Remove and discard the paper liner.
7. Apply a fresh diaper and dress the child.
8. Wash or wipe child's hands.
9. Remove the child from the change area.
10. Clean and disinfect the change surface. If there is visible contamination, clean the surface with hot water and soap first.
11. Wash your hands with soap and water.

Approved Disinfectant	How to Mix	Solution Strength
Chlorine Solution	Add 2ml (1/2 teaspoon) household bleach per litre (4 cups) of water	100 ppm Chlorine

Disposable diapers: Put into a washable, durable garbage container that is lined with a plastic bag. The container must have a tight fitting lid that is kept closed between uses.

Cloth diapers: Put the fecal contents into a toilet. Put the diaper in a washable, durable diaper pail with a tight fitting lid, or in a strong plastic bag to prevent leakage. Keep containers or bags closed between uses. Remove the soiled cloth diapers in their bags or pails for laundering at the end of each day. If parents provide the diapers, place diapers into a covered container or sealed bag without rinsing.

If **cloth towels** are used for wiping, the towels must be immersed into an approved disinfectant. Cloth towels should only be used once and then placed into a covered container. Launder at the end of each day.

For more information, please contact your local Environmental Health Officer.

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