



For use at Alberta Health Services (AHS) immunization programs. Use this form when a parent or alternate decision-maker is **not** able to be with the person being immunized at an AHS immunization service. An alternate decision-maker could be an agent, guardian, specific decision-maker or co-decision-maker. The parent or alternate decision-maker should **complete this form** and **send it** with the person being immunized, to the AHS immunization service. For alternate decision-makers – please also send a copy of documents to show that you are authorized to be the alternate decision-maker.

Personal information for the person being immunized		
Name (Last, First, Middle)	Date of Birth (dd-Mon-yyyy)	
Personal Health Number (PHN)	Gender	
Health information for the person being immunized (If you need more space, use the other side of this form.)		
Does this person have any allergies, including allergies to any vaccine, medicine, or food? If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Does this person have any chronic illness? (List all if more than one) If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Is this person taking any medicine?	<input type="checkbox"/> No <input type="checkbox"/> Yes	If yes, describe _____
Is this person pregnant?	<input type="checkbox"/> No <input type="checkbox"/> Yes	Is this person breastfeeding? <input type="checkbox"/> No <input type="checkbox"/> Yes
Has this person had COVID-19 vaccine before?	<input type="checkbox"/> No <input type="checkbox"/> Yes	If yes, when _____
Has this person ever had a side effect from COVID-19 immunization? If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Will this person get another vaccine in the 14 days before they get the COVID-19 vaccine?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Consent		
<p>I confirm that I have read the COVID-19 vaccine information. I know about and understand the risks, benefits, and common side effects of this vaccine. Any questions I may have had about this person getting this vaccine have been answered by calling the local public health office or Health Link at 811. I understand the information I have been given.</p> <p>I understand this consent is for all doses of the vaccine. I will contact the local public health office or the healthcare provider giving the COVID-19 vaccine if this person:</p> <ul style="list-style-type: none"> • has any changes to their health before getting any dose of the COVID-19 vaccine • gets another vaccine in the 14 days before they get any dose of the COVID-19 vaccine • has a severe or unusual side effect after the first dose of the COVID-19 vaccine (other than the expected side effects listed on the COVID-19 vaccine information sheet) <p>I consent to this person getting the COVID-19 immunization.</p> <p>I understand that I may withdraw this consent at any time by calling the local public health office or healthcare provider giving the COVID-19 vaccine.</p> <p>I confirm that I have the legal authority to consent to this immunization.</p>		
Printed name of person giving consent	Daytime phone	Other phone
Relationship to person <input type="checkbox"/> Parent (with legal authority to consent) <input type="checkbox"/> Guardian/Legal representative <input type="checkbox"/> Co-decision-maker <input type="checkbox"/> Specific decision-maker <input type="checkbox"/> Agent		
Signature of person giving consent	Date (dd-Mon-yyyy)	

Alberta Health Services collects health information according to Section 20 of the Health Information Act (HIA). This information is used to provide health services, determine eligibility for health services, or to carry out any other purpose authorized by the HIA. If you have any questions about this, please ask the healthcare provider giving the immunization or contact your local public health office. If you do not know your local public health office, call Health Link at 811 to get this information.

COVID-19 Vaccine

Immunization protects you from disease. Get protected, get immunized.

- Vaccines make your immune system stronger. They build antibodies to help prevent diseases.
- Immunization is safe. It is much safer to get immunized than to get this disease.

What is the COVID-19 vaccine?

The COVID-19 vaccine protects against the SARS-CoV-2 virus (also known as COVID-19).

Who should have the COVID-19 vaccine?

You should get the COVID-19 vaccine if you are age 16 years and older.

Everyone is at risk of COVID-19. The vaccine is very important for people who are more likely to be in contact with the virus because of where they work or live. This includes healthcare providers and people who live in a care facility, such as a nursing home.

It is also important for people who have a high risk of complications from COVID-19 to get this vaccine. This includes people who:

- have health problems such as heart, lung, kidney, or liver problems, high blood pressure, or diabetes
- have a lot of extra weight
- are over the age of 60

The vaccine is free and will be offered to everyone over the age of 16 years. The vaccine will be offered first to:

- those at high risk of getting very sick from COVID-19
- those who may spread disease to people at high risk
- essential workers, like frontline healthcare workers

Go to ahs.ca/covidvaccine to find out when you can get the COVID-19 vaccine.

How many doses do I need?

You need 2 doses that are 3 or 4 weeks apart. This depends on the type of COVID-19 vaccine you get. Your healthcare provider will let you know when you need your second dose. You need to get both doses to make sure you have the best protection against COVID-19.

Are there different types of COVID-19 vaccines?

There are 2 COVID-19 vaccines available in Alberta. Other COVID-19 vaccines may be approved in the coming months. They all protect against the COVID-19 virus but they are made by different companies.

How well does the vaccine work?

If you are healthy and get both doses, the protection for COVID-19 is about 94% to 95%, 7 to 14 days after you get the second dose.

It is still important to practice recommended public health measures, like washing your hands often, staying 2 meters away from others, and staying home when you are sick, to prevent the spread of COVID-19, even if you have had the vaccine. Visit ahs.ca/covid for the most up-to-date information.

Where can I get the COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get the COVID-19 vaccine.

Are there side effects from the COVID-19 vaccine?

There can be side effects from the COVID-19 vaccine, but they tend to be mild and go away in a few days. Side effects may include:

- redness, swelling, or feeling sore where you had the needle
- feeling tired
- headache
- fever or chills
- body aches or sore joints
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- swollen lymph nodes

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

Wait at least 28 days after you have all doses of the COVID-19 vaccine before you:

- get another vaccine
- try to get pregnant

It is rare to have a serious side effect after a vaccine. Call Health Link at 811 to report any serious or unusual side effects.

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dosage to take. Follow the directions on the package.
- Children under the age of 18 years should **not** take aspirin because it can cause serious health problems.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

Who should not have the COVID-19 vaccine?

You may not be able to have the vaccine if you:

- have an allergy to parts of the vaccine
- had a severe or unusual side effect after this vaccine or one like it
- have a weak immune system (due to medicine or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- are under age 16 years
- have had another vaccine in the last 2 weeks
- are pregnant or breastfeeding

Check with your doctor or a public health nurse before you get the vaccine.

Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information



Call Health Link at 811



Go to [ImmunizeAlberta.ca](https://www.immunizealberta.ca)



Go to [MyHealth.Alberta.ca](https://www.myhealth.alberta.ca)



Go to [ahs.ca/covidvaccine](https://www.ahs.ca/covidvaccine)

Facts about COVID-19

What is COVID-19?

COVID-19 is a new strain of coronavirus responsible for a worldwide pandemic. The virus affects the lungs and airways (also called a respiratory illness). Symptoms may include:

- fever
- cough
- shortness of breath or trouble breathing
- sore throat
- runny or stuffy nose

Most people have only mild symptoms or no symptoms at all. But some people, such as seniors and adults with other health problems, can get very sick and may need care in a hospital. In serious cases, COVID-19 can cause a lung infection (called pneumonia), that makes it hard to breathe without help, and can even lead to death.

Go to [ahs.ca/covid](https://www.ahs.ca/covid) for a list of all symptoms that may be related to COVID-19.

How does it spread?

COVID-19 spreads:

- when an infected person sneezes, coughs, or even talks
- if you breathe in the virus
- if you touch something that carries the virus like hands or a door knob, then touch your eyes, mouth, or nose

It is important to know that COVID-19 can spread before symptoms start.

How can I prevent COVID-19 from spreading?

To prevent COVID-19 from spreading:

- get immunized
- wash your hands with warm water and soap or use an alcohol-based hand sanitizer often
- do not touch your face, nose, or mouth with unwashed hands
- cover your cough or sneeze into your arm or a tissue, not your hand
- stay home when you are sick
- avoid close contact with people who are sick

If you think you have been exposed to COVID-19 or have symptoms, take the COVID-19 Self Assessment at [ahs.ca/testing](https://www.ahs.ca/testing).