

PROGRAM RESOURCES
2021 CALENDAR OF HEALTH RELATED EVENTS

Theme of the Month	Event Theme
JANUARY	
Alzheimer Awareness Month	January 17 - 23 – National Non-Smoking Week January 19 – Weedless Wednesday
FEBRUARY	
Heart Month	February 4 – World Cancer Day*
Psychology Month	February 15 – International Childhood Cancer Day February 24 – Pink Shirt Day February 28 – Rare Disease Day
MARCH	
Liver Health Month	March 6 – World Lymphedema Day*
Nutrition Month	March 21 – World Down Syndrome Day
Colorectal Cancer Awareness Month	March 24 – World Tuberculosis Day* March 26 – Purple Day
APRIL	
Daffodil Days: Cancer Awareness	April 2 – World Autism Awareness Day
Dental Health Month	April 7 – World Health Day April 24 – 30 – National Immunization Awareness Week
MAY	
Hepatitis Awareness Month	TBD -- Annual Inter-tribal Diabetes Walk
Hypertension Awareness Month	May 2 - 8 – Emergency Preparedness Week
Speech & Hearing Awareness Month	May 3 - 9 – National Mental Health Week May 10 -16 – National Nursing Week May 12 – International Nursing Day* May 11 – 17 – National Road Safety Week May 31 – World No Tobacco Day*
JUNE	
Brain Injury Awareness Month	May 11 – 18 – National Sun Awareness Week
Stroke Awareness Month	June 5 – Canadian Environment Day June 21 – National Indigenous Peoples Day*
JULY	
	July 5 – National Injury Prevention Day July 24 – International Self-Care Day July 28 – World Hepatitis Day*
AUGUST	
	August 1 - 7 – World Breastfeeding Week August 9 – International Day of the Indigenous People* August 12 – International Youth Day*
SEPTEMBER	
National Arthritis Month	September 9 – FASD Awareness Day*
FASD Awareness Month	September 10 – World Suicide Prevention Day September 12 - 20 – AIDS Walk for Life Week
OCTOBER	
Breast Cancer Awareness Month	October 1 – National Seniors Day*
Learning Disabilities Awareness Month	October 3 - 9 – Fire Prevention Week
SIDS Awareness Month	October 16 -- World Food Day*
Flu Immunization Awareness Month	
NOVEMBER	
Diabetes Month	November 6 - 12 – National Seniors Safety Week*
Osteoporosis Month	November 14 – World Diabetes Day*
CPR Awareness Month	November 16 – International Day for Tolerance* TBD – National Addiction Awareness Week November 20 – National Child Day* November 25 – Elimination of Violence against Women Day*
DECEMBER	
	December 1 – World AIDS Day* December 3 – International Day of Disabled Persons* December 10 – Human Rights Day*