# Non-Insured Health Benefits

### Information for Northwest Territories Evacuees:

As the situation remains fluid, the most current information for NWT Evacuees can be found here: <u>https://www.gov.nt.ca/en/public-safety</u>

The Non-Insured Health Benefits (NIHB) program provides <u>eligible First Nations and Inuit clients</u> with coverage for a range of health benefits that are not covered through other:

- social programs
- private insurance plans
- provincial or territorial health insurance

### What the program covers

The program provides coverage for the following medically necessary goods and services: vision care, dental care, mental health counselling, medical supplies and equipment, prescription and over-the-counter medications, medical transportation to access medically required health services not available on reserve or in the community of residence.

## Clients that are on travel status, or are in need of medical transport are to contact their regular:

- Beaufort Region:
  - Phone 867-678-8034
  - Fax: 867-777-2921
  - Email: <u>Inuvik medicaltravel@gov.nt.ca</u>

### • Yellowknife Region:

- Phone: 867-669-4115 (7am-11pm)
- Afterhours: 867-669-4115
- Fax (24 hour) 867-920-2172
- Email: <u>ykmedicaltravel@gov.nt.ca</u>

### Mental Wellness Resources:

•	Hope for Wellness Help Line - 1-855-242-3310 or	Family Violence – Find Supports – 310-1818 or
	www.hopeforwellness.ca	https://www.alberta.ca/family-violence-find-
		supports
•	Wellness Together Canada: Mental Health and	
	Substance Use Support	<u>Kids Help Phone</u> – 1-800-668-6868 or
	(https://www.wellnesstogether.ca/en-ca/)	https://kidshelpphone.ca/call/
•	Addiction Helpline – 1-866-332-2322 or	<u>Mental Health Helpline</u> – 1-877-303-2642 or
	https://www.albertahealthservices.ca/findhealth/S	https://www.albertahealthservices.ca/findhealth/S
	ervice.aspx?id=1008399&serviceAtFacilityID=10471	ervice.aspx?id=6810&serviceAtFacilityID=104713
	<u>28</u>	
		MyHealth.Alberta.ca: List of Important Numbers
•	Community Resources – 211 Alberta	https://myhealth.alberta.ca/pages/emergency-
	( <u>https://ab.211.ca/</u> )	phone-numbers.aspx