



BLASTOMYCOSIS IN THE WINTER

Blastomycosis can be diagnosed year-round, but most commonly in the fall and winter due to how long it takes to show symptoms. This usually takes 3 weeks to 3 months after breathing in the spores.

The spores that cause blastomycosis are found across Ontario. The risk of exposure to these spores is highest in the spring and summer.

Symptoms of blastomycosis may include:

- Cough
- Difficulty breathing
- Chest pain
- Fever
- Night sweats
- Unexplained weight loss
- Extreme fatigue

Early diagnosis and treatment is the best way to protect your health. If you have any of these symptoms, get assessed for blastomycosis as early as possible.

