

VAX FACTS DID YOU KNOW?



Vaccinating your children on time is the best way to keep them safe from many preventable, serious and potentially deadly diseases.



Vaccines teach your child's body how to recognize and fight off diseasecausing germs if they are exposed to them.



By vaccinating your child and preventing infection, it protects other children who cannot be vaccinated for medical reasons.



Your child can safely get more than one vaccine at a time.



Some vaccinations that your child receives are combination vaccines. A single injection may help to protect your child from multiple diseases.



Publicly funded vaccines have been safely administered for decades. 8.6 million doses were given in 2019, preventing many serious and potentially fatal infections, such as meningitis.



Adults need routine vaccines, too! Vaccines protect adults just like they protect children. Tetanus vaccines, flu shots, and the COVID-19 vaccine are among some of the routine vaccinations recommended for adults.

Contact your nursing station, health centre or primary care provider for personalized advice on keeping up with your child's routine vaccinations.



VAX FACTS ROUTINE VACCINATIONS



With the continued risk of getting COVID-19, vaccinating yourself and your children age 5 and older against COVID-19 is one of the best ways to prevent infection and serious illness.

It is also important to keep your children of all ages up-to-date on other routine vaccinations to protect them from all vaccine-preventable diseases. Your child may have missed one or more scheduled doses due to the pandemic. During National Immunization Awareness Week, we encourage you to work with your health care provider to ensure your child is caught up on any missed vaccinations and plan for future doses.

<u>Age</u>	Routine childhood vaccine schedule
2 months and 4 months	Diphtheria, Tetanus, Pertussis, Polio, Hib, Pneumococcal, Rotavirus
6 months	Diphtheria, Tetanus, Pertussis, Polio, Hib
12 months	Pneumococcal, Meningococcal, Measles, Mumps, Rubella
15 months	Varicella
18 months	Diphtheria, Tetanus, Pertussis, Polio, Hib
4-6 years	Measles, Mumps, Rubella, Tetanus, Diphtheria, Pertussis, Polio, Varicella
Grade 7	Hepatitis B, Meningococcal, human papillomavirus (HPV)
14 years	Tetanus, Diphtheria, Pertussis
Annually after 6 months	Seasonal flu shot in the fall
After childhood	Follow the routine adult vaccine schedule. Talk to your healthcare provider for more information.



Catch up schedules are available if your child has missed one or more vaccinations.

Contact your nursing station, health centre, or primary care provider for personalized advice.