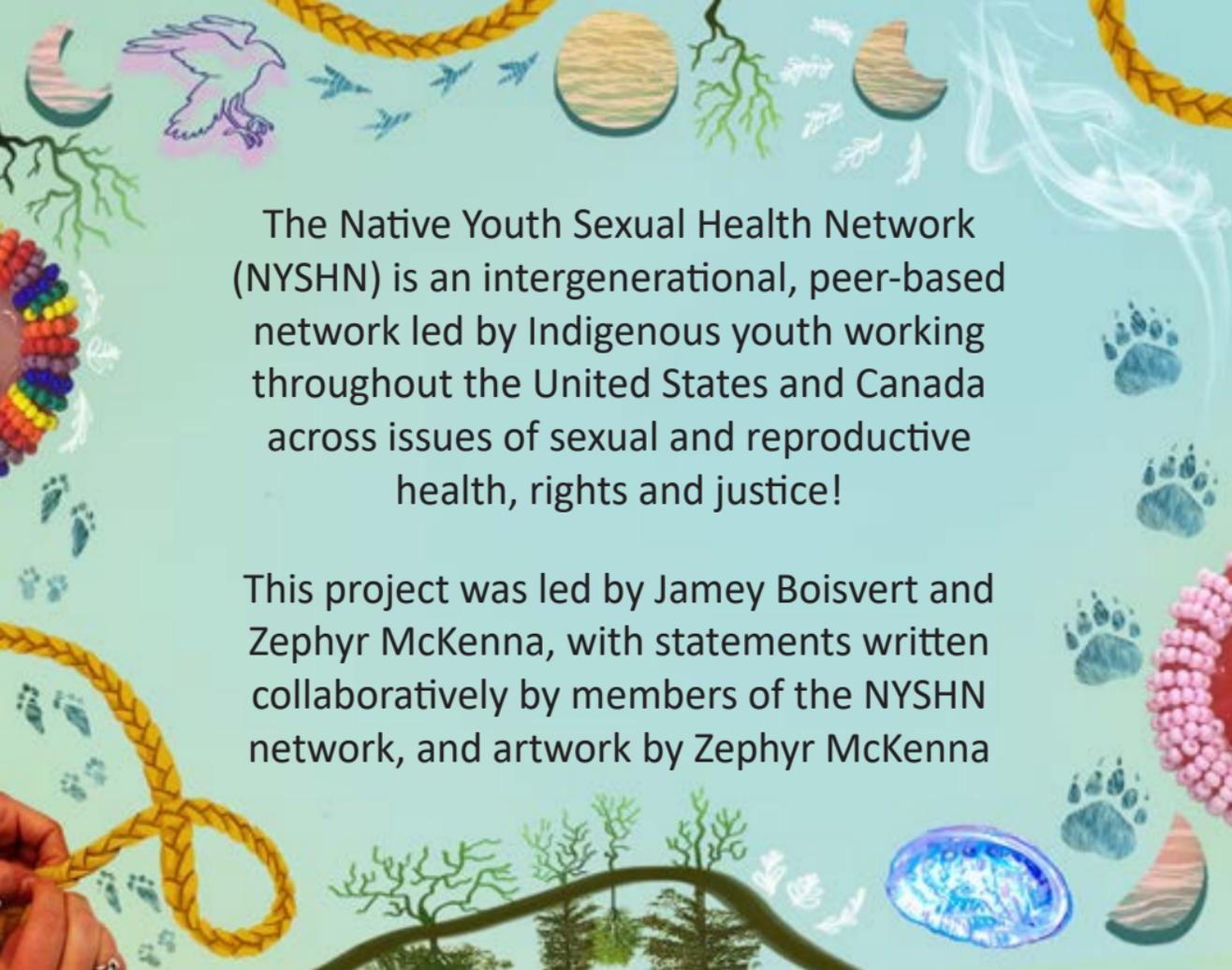


Indigenous Youth Affirmation Deck

Created by
NYSHN





The Native Youth Sexual Health Network (NYSHN) is an intergenerational, peer-based network led by Indigenous youth working throughout the United States and Canada across issues of sexual and reproductive health, rights and justice!

This project was led by Jamey Boisvert and Zephyr McKenna, with statements written collaboratively by members of the NYSHN network, and artwork by Zephyr McKenna



I am enough.

**There is a place
for each of us in
creation.**





**I have unique gifts
to offer the world.**

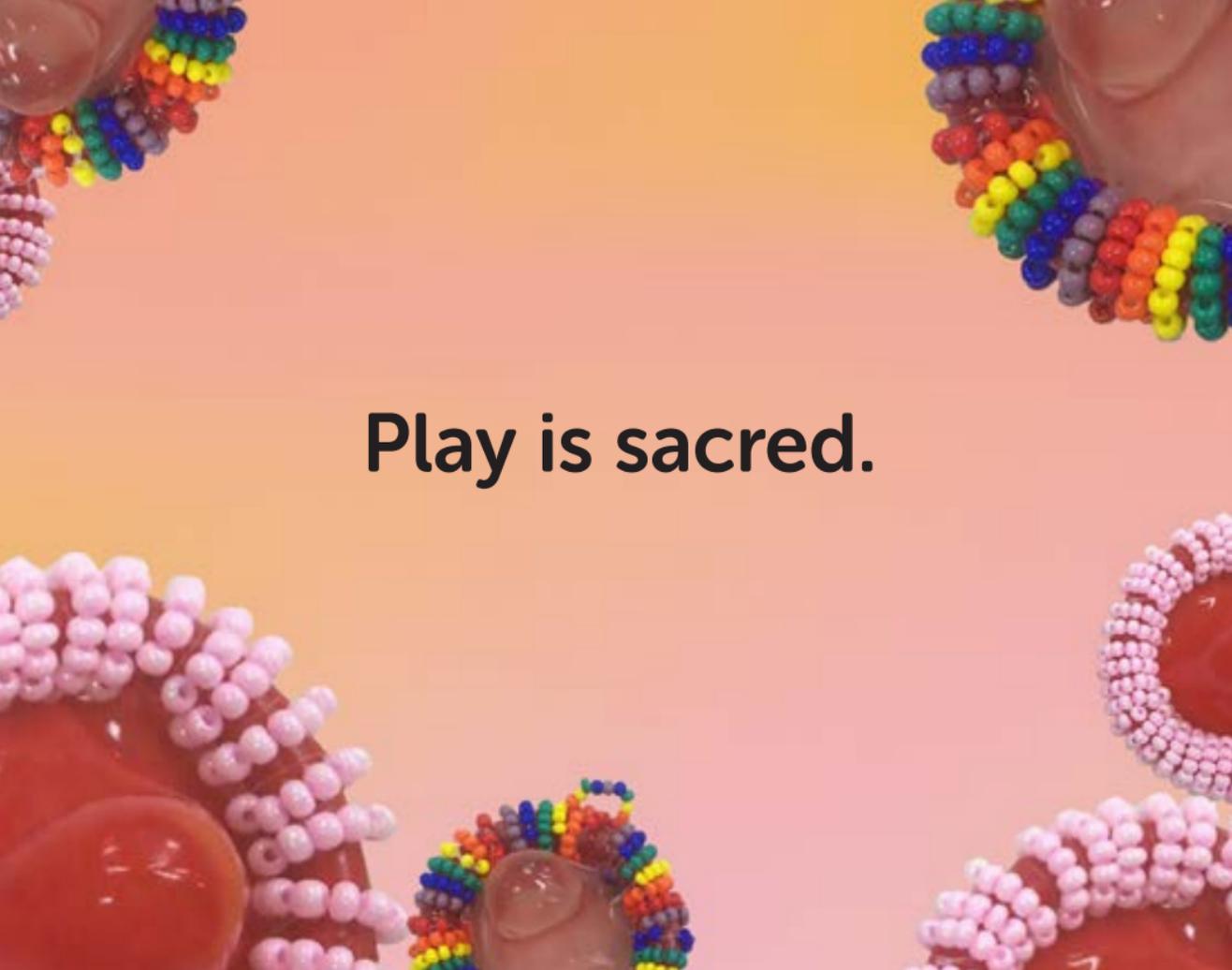


I am worthy of love and care.

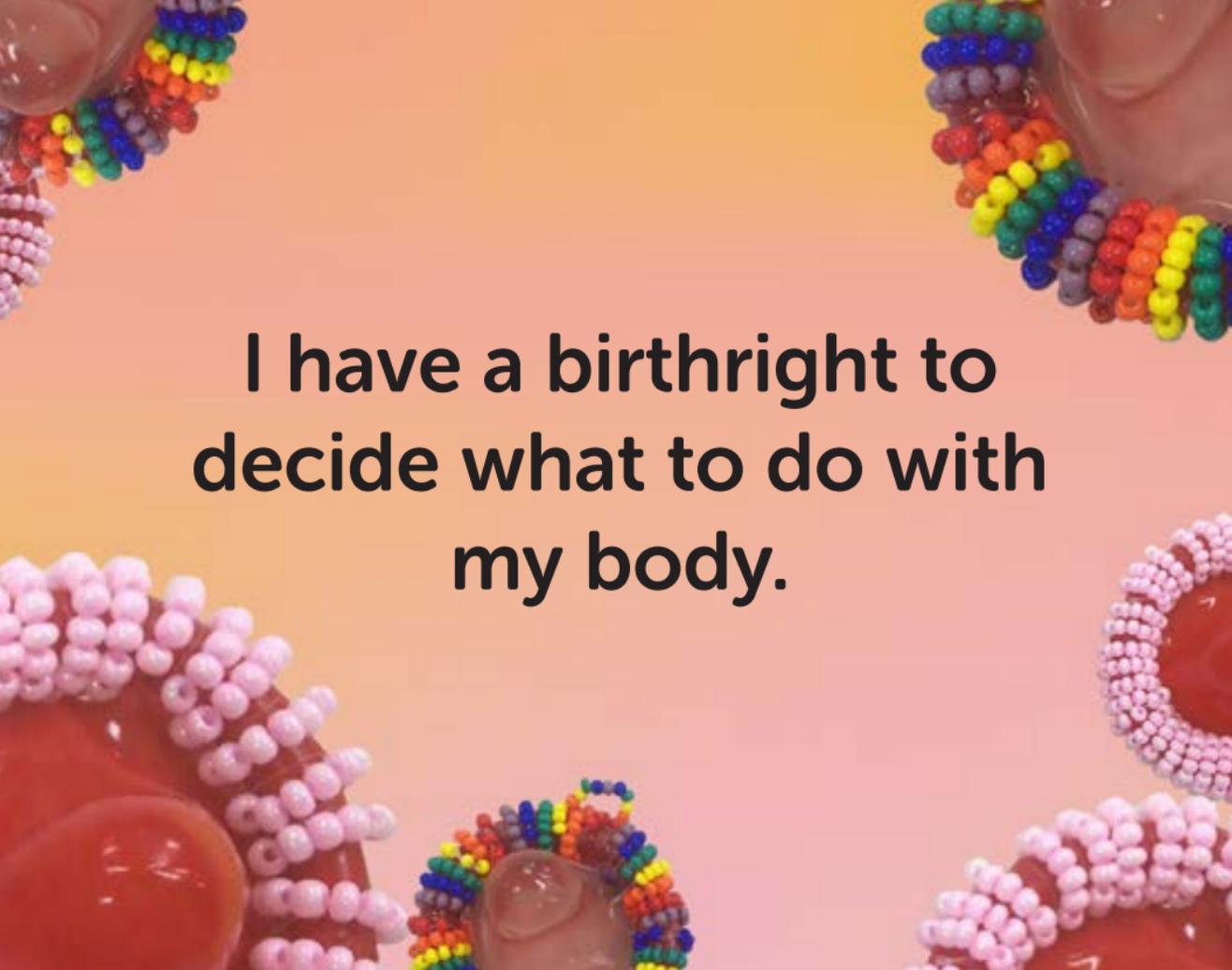


**I make my
ancestors proud
every day.**





Play is sacred.



**I have a birthright to
decide what to do with
my body.**



**People of all genders
menstruate.**



**My gender and
sexuality are always
mine to determine.**





**I have the right
to culturally safe
health care.**



**I have the ancestral
right to access
medicines.**



Resistance is Sexy.



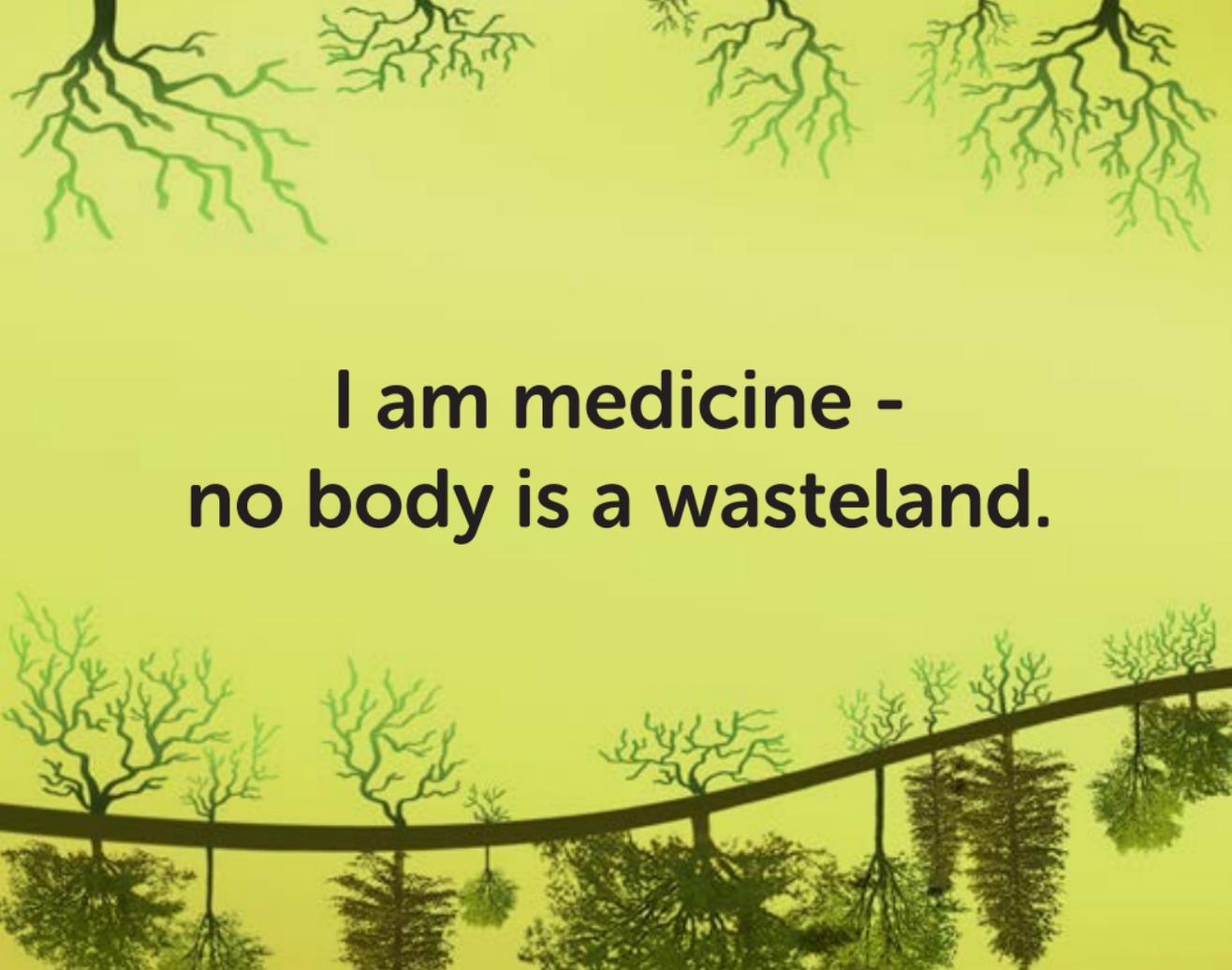
**Loving and caring for
each other is important
resistance.**





**My lands and waters
love me back.**





**I am medicine -
no body is a wasteland.**

**I honor my gifts and
ancestors when I walk
my own healing path.**



**I can choose and
find the family and
community that
I need.**





**Harm Reduction is
traditional.**



Change is traditional.



I deserve pleasure.

My ancestors love me.

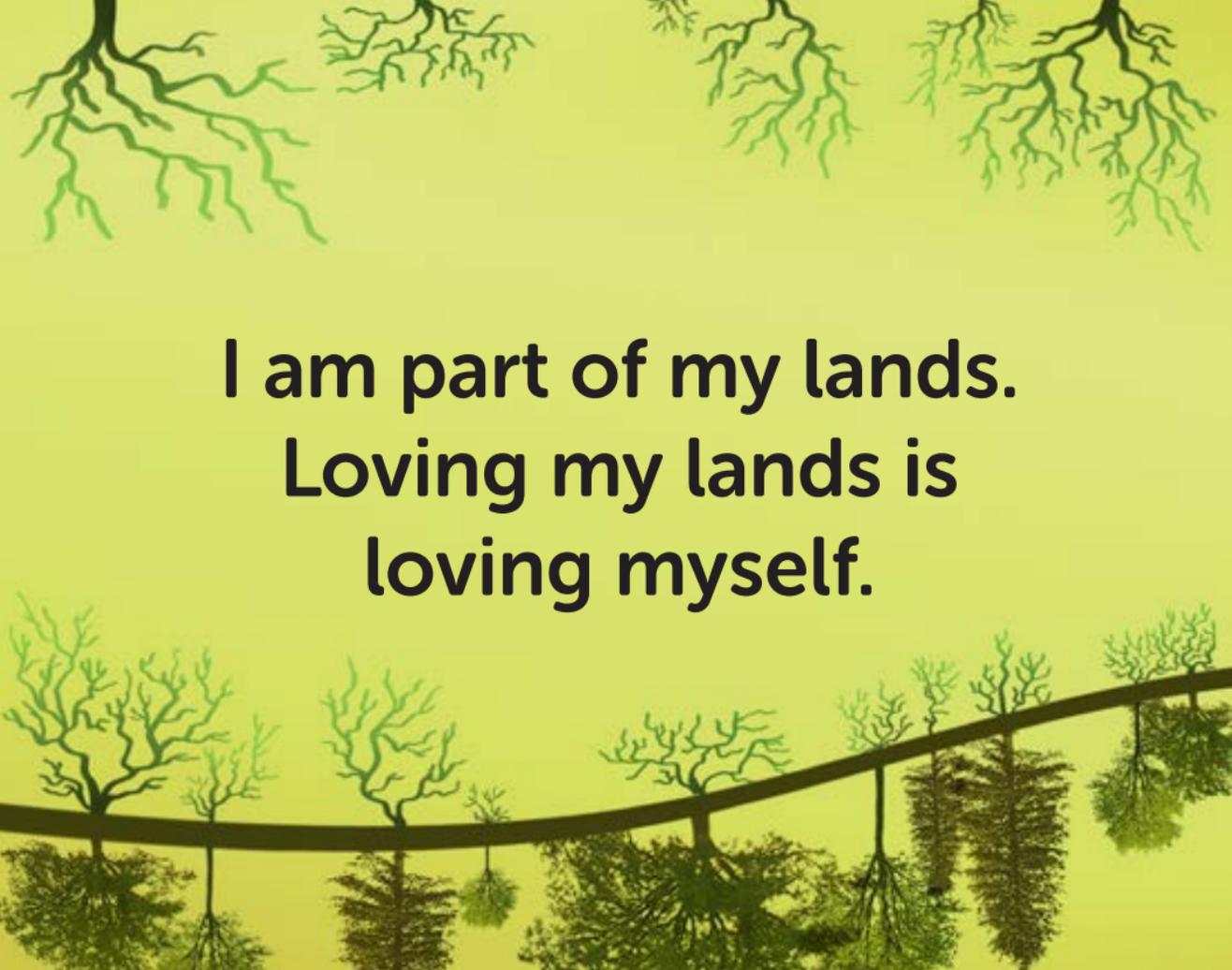




**All beings
carry medicine,
including me.**



**Honoring my
teachings means
honoring myself.**



**I am part of my lands.
Loving my lands is
loving myself.**

Queerness is traditional.





**I deserve to feel safe on
my homelands and waters.**



The background features a serene sunset over a dark ocean. The sky is a gradient of light blue and green. A row of seven moon phases is overlaid on the sky, from left to right: a thin crescent, a waxing crescent, a first quarter, a full moon, a third quarter, a waning gibbous, and a thin crescent. The moon phases are filled with a wavy, water-like texture. The text is centered in the middle of the image.

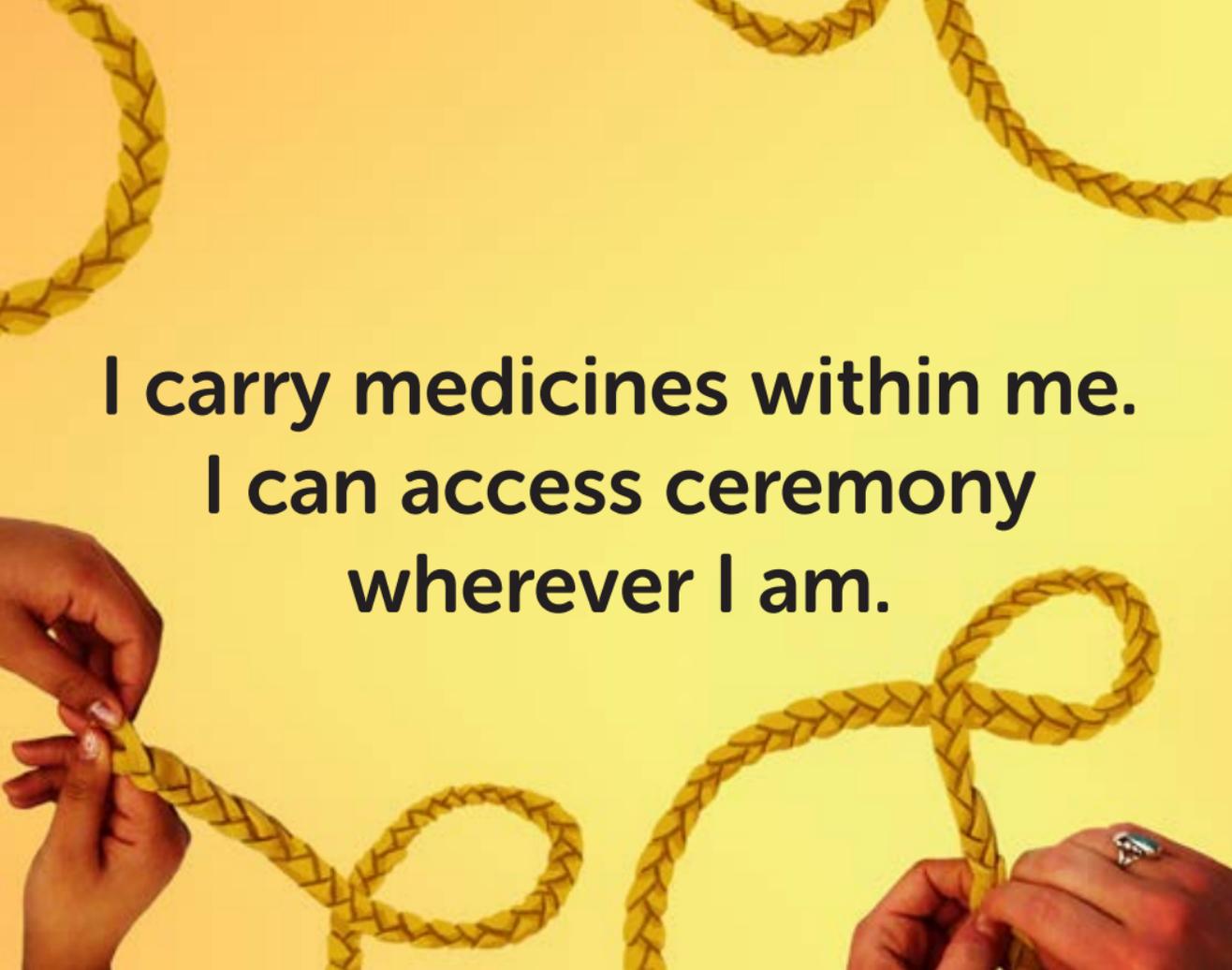
**It's okay to move myself
away from relationships
that are harming me.**

**My relatives can learn
and choose to love
me in ways that honor
my full self.**



**It's ok to not go to
ceremonial spaces
where I don't feel safe.**

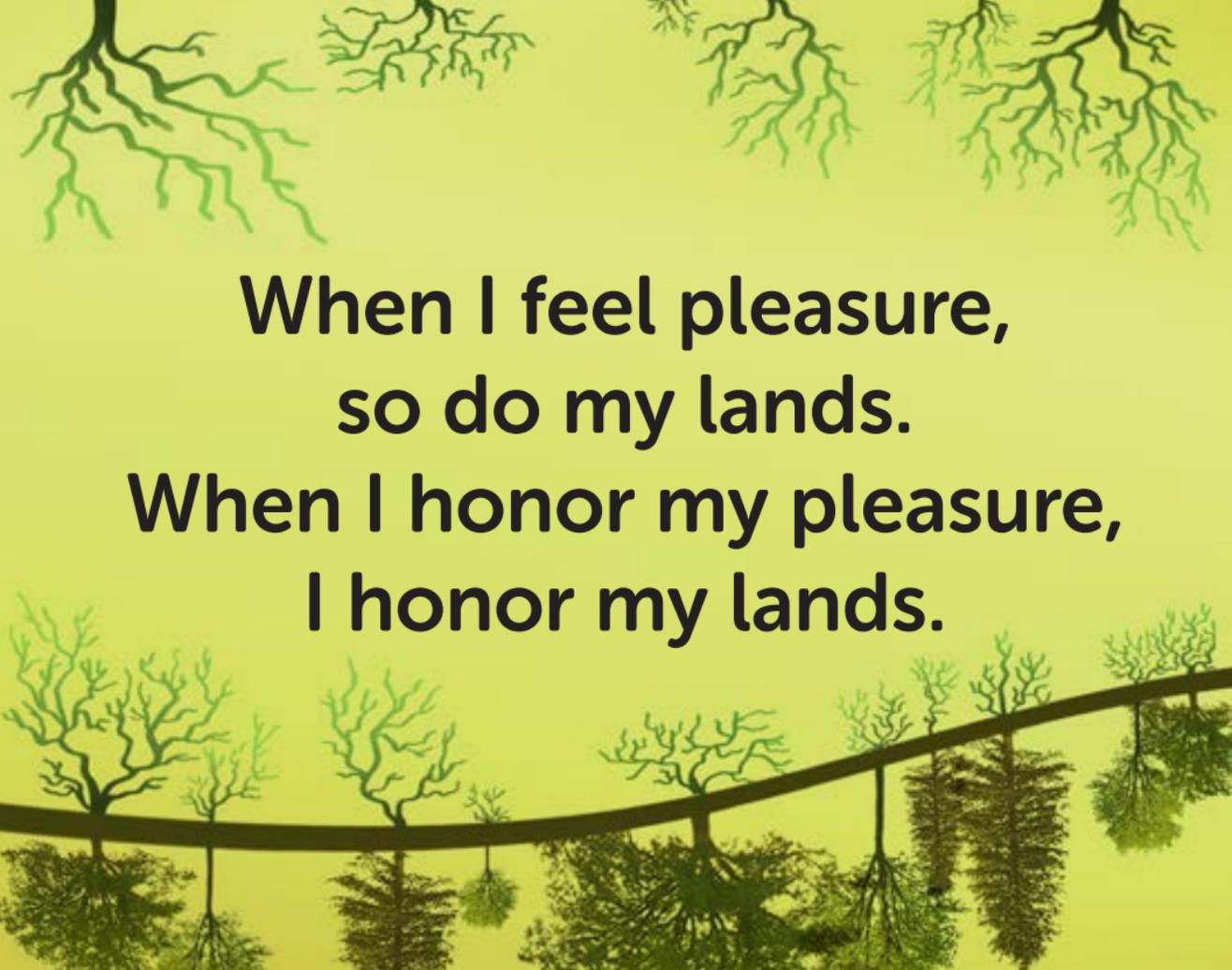




**I carry medicines within me.
I can access ceremony
wherever I am.**



**Masturbation is
ceremony.**



**When I feel pleasure,
so do my lands.**

**When I honor my pleasure,
I honor my lands.**

**Trans NDNs carry
important medicine,
skills, and ways of being.**



**All relatives are
part of the circle.**



**I'm not coming out -
I'm coming into the circle.**





There are no closets in tipis.





**I don't need to
apologize for asserting
my boundaries.**



**All trans bodies
are sacred.**