

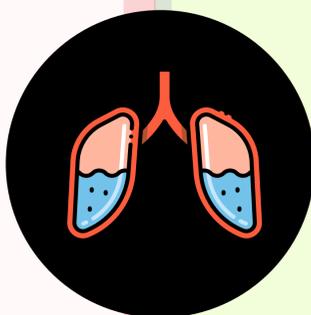
MYTHS

VS.

FACTS

ABOUT THE MEASLES, MUMPS, AND RUBELLA (MMR) VACCINE

MYTH: Measles, mumps and rubella are not that serious. My immune system can fight them off naturally.



FACT: These infections can cause pneumonia, brain swelling, and even death. The MMR vaccine helps protect you from serious health problems.

MYTH: I don't need the MMR vaccine, I'm young and healthy.



FACT: Measles, mumps and rubella spread easily. Vaccination protects your community, and lowers the chances of infecting someone you love.

MYTH: My child could get autism or Attention Deficit Hyperactive Disorder (ADHD) from the vaccine.



FACT: Autism and ADHD aren't caused by vaccines. There *is* a link between serious illness and measles, mumps and rubella. Vaccination is important for everyone.

The MMR vaccine is safe and provides great protection against measles, mumps and rubella. It's okay to have questions though! Talk to a trusted healthcare worker, they can help.