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# Government of Canada Resources

## Government of Canada Social Media Accounts

Follow these Government of Canada social media accounts to stay up to date with reliable information about the latest developments on Canada’s response to the COVID-19 pandemic.

Facebook

* Government of Canada Healthy First Nations and Inuit – [English](https://www.facebook.com/GCIndigenousHealth) / [French](https://www.facebook.com/GCAutochtonesEnSante/?fref=tag)
* Indigenous Services Canada – [English](https://www.facebook.com/GCIndigenous/) / [French](https://www.facebook.com/GCAutochtones/)
* GovCan North – [English](https://www.facebook.com/GovCanNorth/) / [French](https://www.facebook.com/GouvCanNord/)

Twitter

* Indigenous Services Canada – [English](https://twitter.com/GCIndigenous) / [French](https://twitter.com/GCAutochtones)
* GovCan North – [English](https://twitter.com/GovCanNorth) / [French](https://twitter.com/GouvCanNord)
* Minister Carolyn Bennett – [English](https://twitter.com/CrownIndigenous) / [French](https://twitter.com/CouronneAutoch)
* Minister Marc Miller – [English](https://twitter.com/Min_IndServ) / [French](https://twitter.com/Min_ServAutoch)
* Minister Dan Vandal – [English](https://twitter.com/Min_Northern) / [French](https://twitter.com/Min_DuNord)

YouTube

* Indigenous Services Canada - [English](https://www.youtube.com/user/AANDCanada) / [French](https://www.youtube.com/c/GCAutochtones)

Instagram

* Indigenous Services Canada - [English](https://www.instagram.com/gcindigenous) / [French](https://www.instagram.com/gcautochtones)

## General Information and Resources Related to COVID-19

In this section, you will find links to Government of Canada websites with the latest information on the COVID-19 response. These links also include additional communications resources, like videos, factsheets, social media messaging, and more.

* Government of Canada COVID-19 homepage with links to status updates, vaccine information, travel information, COVID-19 financial and economic support, and more – [English](https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html) / [French](https://www.canada.ca/fr/sante-publique/services/maladies/maladie-coronavirus-covid-19.html)
* COVID-19 Indigenous awareness resources - [English](https://www.sac-isc.gc.ca/eng/1586548069915/1586548087539) / [French](https://www.sac-isc.gc.ca/fra/1586548069915/1586548087539)
* COVID-19 general awareness resources – [English](https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/awareness-resources.html) / [French](https://www.canada.ca/fr/sante-publique/services/maladies/2019-nouveau-coronavirus/ressources-sensibilisation.html)
* Public Health Agency of Canada social media and promotional resources – [English](https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/digital-resources.html) / [French](https://www.canada.ca/fr/sante-publique/services/maladies/2019-nouveau-coronavirus/ressources-numeriques.html)

Below, you will find a list of COVID-19 communications resources related to handwashing, physical distancing, self-monitoring, self-isolation, and general information about COVID-19. All items in this section have been divided by resource type.

**Posters**

* Stop the spread of COVID-19 – information for Indigenous communities – [English](https://www.canada.ca/en/public-health/services/publications/diseases-conditions/indigenous-peoples-help-reduce-spread-covid-19.html) / [French](https://www.canada.ca/fr/sante-publique/services/publications/maladies-et-affections/peuples-autochtones-contribuez-reduire-propagation-covid-19.html) / [Cree](https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/coronavirus/covid-19-how-to-isolate-at-home/covid-19-how-to-isolate-at-home-cre.pdf?) / [Denesuline](https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/coronavirus/covid-19-how-to-isolate-at-home/covid-19-how-to-isolate-at-home-chp.pdf?) / [Eastern Ojibwe](https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/coronavirus/covid-19-how-to-isolate-at-home/covid-19-how-to-isolate-at-home-ojg.pdf?) / [Inuinnaqtun](https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/coronavirus/covid-19-how-to-isolate-at-home/covid-19-how-to-isolate-at-home-ikt.pdf?) / [Inuktitut](https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/coronavirus/covid-19-how-to-isolate-at-home/covid-19-how-to-isolate-at-home-iku.pdf?) / [Michif](https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/coronavirus/covid-19-how-to-isolate-at-home/covid-19-how-to-isolate-at-home-crg.pdf?) / [Mi’kmaq](https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/coronavirus/covid-19-how-to-isolate-at-home/covid-19-how-to-isolate-at-home-mic.pdf?) / [Western Ojibwe](https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/coronavirus/covid-19-how-to-isolate-at-home/covid-19-how-to-isolate-at-home-ojw.pdf?)

**Videos**

* Keep it Clean: How to stop the spread of COVID-19 – [English](https://www.youtube.com/watch?v=GUSdLBaA8fc) / [French](https://www.youtube.com/watch?v=Zu9Ym0HxTBA) / [Denesuline](https://www.youtube.com/watch?v=37ux4McwojA&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=2) / [Eastern Ojibway](https://www.youtube.com/watch?v=ClW2K0Ve1qs&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=3) / [Inuktitut (North Baffin)](https://www.youtube.com/watch?v=_p85vCq8W64&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=4) / [Inuktitut (South Baffin)](https://www.youtube.com/watch?v=E3pzqWnf8Hk&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=5) / [Michif Cree](https://www.youtube.com/watch?v=7MowYOGmx4g&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=6) / [Michif French](https://www.youtube.com/watch?v=N2AHWGnndHM&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=7) / [Mi'kmaq](https://www.youtube.com/watch?v=CO5N8VpgRh8&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=8) / [Mohawk (Eastern dialect)](https://www.youtube.com/watch?v=-QBulC6nE5w&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=9) / [Mohawk (Western dialect)](https://www.youtube.com/watch?v=dITUqo91NLI&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=10) / [Nunatsiavummiutut](https://www.youtube.com/watch?v=VNsoVsEOb1M&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=11) / [OjiCree (Roman orthography)](https://www.youtube.com/watch?v=_jDmQsXMjH4&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=12) / [OjiCree (syllabics)](https://www.youtube.com/watch?v=8dzwnfbiQ4g&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=13) / [Plains Cree](https://www.youtube.com/watch?v=oFp4nV3fy-k&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=14) / [Stoney](https://www.youtube.com/watch?v=TF9m6mCahYU&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=15) / [Swampy Cree](https://www.youtube.com/watch?v=y3DoOgmm9og&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=16) / [Western Ojibway](https://www.youtube.com/watch?v=7a4iNyFYHWU&list=PLIFBXBcxaLoXVtuiTdLqLSfcwYhjKVdDS&index=17)

**Resources for Children**

* COVID-19 awareness activities for Indigenous children – [English](file:///C:\Users\LeyC\Downloads\•%09Dr.%20Shannon%20McDonald,%20Acting%20Chief%20Medical%20Officer%20at%20the%20First%20Nations%20Health%20Authority%20in%20BC)

## Information Related to COVID-19 Vaccines

In this section, you will find Government of Canada resources about COVID-19 vaccine rollout, safety, production, and approval process. You will also find information and resources tailored for Indigenous communities. All items in this section have been divided by resource type.

Toolkit

* The latest version of ISC’s COVID-19 vaccination toolkit can be found [here](https://www.onehealth.ca/LinkClick.aspx?fileticket=3IFagtd8wrA%3d&tabid=1263&portalid=4). It includes:
  + Key messages on COVID-19 and vaccines for youth and young adults
  + Information on travel during COVID-19
  + COVID-19 awareness resources for kids
  + Example script for community public service announcements
  + Pre-recorded radio PSA on mental health
  + Example social media posts that can be shared or adapted, including new posts aimed at Indigenous youth
  + Posters, videos, and webpages on COVID-19, vaccines, and public health measures
  + Link to mental wellness resources
  + Community messages from Dr. Ibrahim Khan
  + Videos created in partnership with Turtle Lodge

Webpages

* COVID-19 vaccines and Indigenous peoples (includes information on vaccinations for urban Indigenous) – [English](https://www.sac-isc.gc.ca/eng/1606941379837/1606941507767) / [French](https://www.sac-isc.gc.ca/fra/1606941379837/1606941507767)
* What to expect at your vaccination (includes tips for a comfortable vaccination experience) – [English](https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/vaccines/what-expect-vaccination.html) / [French](https://www.canada.ca/fr/sante-publique/services/maladies/maladie-coronavirus-covid-19/vaccins/quoi-attendre-vaccination.html)
* Government of Canada vaccines homepage with information on authorized vaccines, types of vaccines, and on-going safety monitoring – [English](https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines.html) / [French](https://www.canada.ca/fr/sante-canada/services/medicaments-produits-sante/covid19-industrie/medicaments-vaccins-traitements/vaccins.html)
  + About the Moderna COVID-19 vaccine – [English](https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/moderna.html) / [French](https://www.canada.ca/fr/sante-canada/services/medicaments-produits-sante/covid19-industrie/medicaments-vaccins-traitements/vaccins/moderna.html)
  + About the Pfizer-BioNTech COVID-19 vaccine – [English](https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/pfizer-biontech.html) / [French](https://www.canada.ca/fr/sante-canada/services/medicaments-produits-sante/covid19-industrie/medicaments-vaccins-traitements/vaccins/pfizer-biontech.html)
  + About the AstraZeneca COVID-19 vaccine – [English](https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/astrazeneca.html) / [French](https://www.canada.ca/fr/sante-canada/services/medicaments-produits-sante/covid19-industrie/medicaments-vaccins-traitements/vaccins/astrazeneca.html)
* Vaccine development and approval process in Canada – [English](https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/development-approval-infographic.html) / [French](https://www.canada.ca/fr/sante-canada/services/medicaments-produits-sante/covid19-industrie/medicaments-vaccins-traitements/vaccins/developpement-approbation-infographie.html)

Posters / Infographics

* Vaccine development and approval in Canada – [English](https://www.canada.ca/content/dam/hc-sc/documents/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/development-approval-infographic/vaccine-overview-infographic-eng.pdf) / [French](https://www.canada.ca/content/dam/hc-sc/documents/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/development-approval-infographic/vaccine-overview-infographic-fra.pdf)
* Vaccine promotion: We’re in this fight together/Let’s stop COVID-19 – [English](https://www.onehealth.ca/LinkClick.aspx?fileticket=8l6Op2cDLE8%3d&tabid=1263&portalid=4) / [Eastern Ojibway](https://www.onehealth.ca/LinkClick.aspx?fileticket=K_RytmMn3OY%3d&tabid=1263&portalid=4) / [Inuktitut](https://www.onehealth.ca/LinkClick.aspx?fileticket=8wTAfAvIbCs%3d&tabid=1263&portalid=4) / [Michif](https://www.onehealth.ca/LinkClick.aspx?fileticket=VIHuiEXNPSg%3d&tabid=1263&portalid=4) / [Mohawk](https://www.onehealth.ca/LinkClick.aspx?fileticket=7-FFlVOf8Ss%3d&tabid=1263&portalid=4) / [Ojicree](https://www.onehealth.ca/LinkClick.aspx?fileticket=-JlVVlhFt3Y%3d&tabid=1263&portalid=4) / [Swampy Cree](https://www.onehealth.ca/LinkClick.aspx?fileticket=yW4QUz9sUSE%3d&tabid=1263&portalid=4) / [Western Ojibway](https://www.onehealth.ca/LinkClick.aspx?fileticket=MERsoYoZ11c%3d&tabid=1263&portalid=4)
* Vaccine promotion: Together, let’s stop COVID-19 – [English](https://www.onehealth.ca/LinkClick.aspx?fileticket=F0ZgMywO3Lw%3d&tabid=1263&portalid=4)
* The facts about COVID-19 vaccines – [English](https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/awareness-resources/know-vaccine.html) / [French](https://www.canada.ca/fr/sante-publique/services/maladies/2019-nouveau-coronavirus/ressources-sensibilisation/savoir-vaccin.html)
* What being vaccinated against COVID-19 means – situational guidance based on vaccine status – [English](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/vaccinated-against-covid-19-public-health-measures/vaccinated-against-covid-19-public-health-measures.pdf) / [French](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/vaccinated-against-covid-19-public-health-measures/vaccination-covid-19-mesures-sante-publique.pdf) / [Cree](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/vaccinated-against-covid-19-public-health-measures/vaccinated-against-covid-19-public-health-measures-cre.pdf?) / [Dene](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/vaccinated-against-covid-19-public-health-measures/vaccinated-against-covid-19-public-health-measures-chp.pdf?) / [Inuktitut](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/vaccinated-against-covid-19-public-health-measures/vaccinated-against-covid-19-public-health-measures-iku.pdf?) / [Michif](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/vaccinated-against-covid-19-public-health-measures/vaccinated-against-covid-19-public-health-measures-crg.pdf?) / [Mi’kmaq](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/vaccinated-against-covid-19-public-health-measures/vaccinated-against-covid-19-public-health-measures-mic.pdf?) / [Eastern Ojibway](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/vaccinated-against-covid-19-public-health-measures/vaccinated-against-covid-19-public-health-measures-ojg.pdf?) / [Western Ojibway](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/vaccinated-against-covid-19-public-health-measures/vaccinated-against-covid-19-public-health-measures-ojw.pdf?) / [Oji-Cree](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/vaccinated-against-covid-19-public-health-measures/vaccinated-against-covid-19-public-health-measures-ojs.pdf?)
* What happens as more people get vaccinated – [English](https://www.onehealth.ca/LinkClick.aspx?fileticket=grpCKQCwirc%3d&tabid=1263&portalid=4) / [French](https://www.onehealth.ca/LinkClick.aspx?fileticket=P4Hz7PijxzA%3d&tabid=1263&portalid=4)

Brochures

* COVID-19 vaccine hesitancy: Let’s stop COVID-19 one arm at a time – [English](https://www.onehealth.ca/LinkClick.aspx?fileticket=GuVhvI5PczA%3d&tabid=1263&portalid=4) / [French](https://www.onehealth.ca/LinkClick.aspx?fileticket=d_6B6LEsHMo%3d&tabid=1263&portalid=4) / [Eastern Ojibway](https://www.onehealth.ca/LinkClick.aspx?fileticket=r-5oBJZm8P0%3d&tabid=1263&portalid=4) / [Inuktitut](https://www.onehealth.ca/LinkClick.aspx?fileticket=UNmNcYTTmO8%3d&tabid=1263&portalid=4) / [Michif](https://www.onehealth.ca/LinkClick.aspx?fileticket=d3_6aKhXh74%3d&tabid=1263&portalid=4) / [Mohawk](https://www.onehealth.ca/LinkClick.aspx?fileticket=plCYm6rzjcA%3d&tabid=1263&portalid=4) / [Ojicree](https://www.onehealth.ca/LinkClick.aspx?fileticket=qJ1dTSJcf4c%3d&tabid=1263&portalid=4) / [Swampy Cree](https://www.onehealth.ca/LinkClick.aspx?fileticket=QwjCTjw5sV0%3d&tabid=1263&portalid=4) / [Western Ojibway](https://www.onehealth.ca/LinkClick.aspx?fileticket=IxnV_fzPzSM%3d&tabid=1263&portalid=4)

Videos

* Vaccine safety in Canada – [English](https://www.canada.ca/en/public-health/services/video/vaccine-safety.html) / [French](https://www.canada.ca/fr/sante-publique/services/video/securite-vaccins.html)
* Vaccine side effects – [English](https://twitter.com/GCIndigenous/status/1396859836718059524) / [French](https://twitter.com/GCAutochtones/status/1396859822587498496)
* Vaccine safety monitoring – [English](https://www.canada.ca/en/public-health/services/video/covid-19-vaccine-safety-post-market-surveillance.html) / [French](https://www.canada.ca/fr/sante-publique/services/video/covid-19-surveillance-innocuite-vaccins-apres-mise-marche.html)

Public Service Announcements – Radio Scripts. Audio Clips, Videos, and Animation

* Indigenous Services Canada public service announcement scripts about COVID-19 vaccines available in **multiple Indigenous languages** – [English webpage](https://www.sac-isc.gc.ca/eng/1612137661884/1612137682321) / [French webpage](https://www.sac-isc.gc.ca/fra/1612137661884/1612137682321)
* The following nine **audio clips** can be accessed in English and French by following [this link](https://ln4.sync.com/dl/f503f4470/5e58y9he-7wp2bwn3-69yi5dwa-u7r2ryiv). Each clip also has a **video version**, which can be accessed by following the links beside each clip’s description.
  + Clip 1-  learn what to do after getting vaccinated – [English video](https://youtu.be/_lZ_7vtPgvc) / [French video](https://youtu.be/WK-gifHHfRk)
  + Clip 2 - learn about getting vaccinated after testing positive for COVID-19 – [English video](https://youtu.be/ZkXQn7DNwKc) / [French video](https://youtu.be/y2oH20qq9IM)
  + Clip 3 - learn how Health Canada makes sure vaccines are safe - [English video](https://youtu.be/DpIHEBokZ0Y) / [French video](https://youtu.be/AFFB85apLr8)
  + Clip 4 - learn why vaccines are prioritized for at-risk populations - [English video](https://youtu.be/QMwljxRHMdc) / [French video](https://youtu.be/UQTWSnkiNnE)
  + Clip 5 - learn about the side effects of vaccines - [English video](https://youtu.be/LWBmNqT2FNE) / [French video](https://youtu.be/P89HGYQaxxg)
  + Clip 6 - learn how to be protected from COVID-19 variants - [English video](https://youtu.be/LAYq-U0aATY) / [French video](https://youtu.be/fNrZGjQ5w_I)
  + Clip 7 - \*REMOVED\* there is no 7th audio clip or video
  + Clip 8 - learn how viruses mutate and create variants - [English video](https://youtu.be/iOGNNzq48oo) / [French video](https://youtu.be/5SigX5ytgHI)
  + Clip 9 - learn how vaccines work to produce antibodies - [English video](https://youtu.be/7WYcsx3wieA) / [French video](https://youtu.be/_A-UzwNDd1Q)
  + Clip 10 - lean where to find correct information about #COVID19 - [English video](https://youtu.be/Bk0zK_Eqv8U) / [French video](https://youtu.be/LMEcYimYi2k)
  + Animation – COVID-19 vaccines and how to keep your community safe - [English](https://www.youtube.com/watch?v=rcs8i75QgeU) / [French](https://youtu.be/d2U5Ov3bggI)

Speakers include:

* Dr. Shannon McDonald, Acting Chief Medical Officer at the First Nations Health Authority in BC
* Marcia Anderson, Public Health Physician at Indigenous Services Canada, Manitoba region
* Jessica Jackman, Public Health Physician at Indigenous Services Canada, Atlantic region
* Marie-Elaine Delvin, Nurse practitioner and Senior Nurse Consultant

Other Resources

* Canada’s COVID-19 Immunization Plan, including details on how the Government of Canada is working with First Nations, Inuit, and Métis leaders on vaccination rollout, as well as information about vaccine safety – [English](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/canadas-reponse/canadas-covid-19-immunization-plan-en.pdf) / [French](https://ipac-canada.org/photos/custom/pdf/12-08-Canada's%20COVID-19%20Immunization%20Plan%20Fr.pdf)

## Variants of Concern

This section contains information about COVID-19 variants of concern.

* F.A.Q – B.1.17 Variant of the COVID-19 Virus - [English](https://www.onehealth.ca/LinkClick.aspx?fileticket=v1RFk8WtFbg%3d&tabid=1263&portalid=4)

## Information on Travel

Rules around travel to and within Canada during COVID-19 are changing frequently. Please visit <https://travel.gc.ca/travel-covid> for the most up-to-date information about travel restrictions.

Digital Toolkit

* This digital toolkit, accessible [here](https://www.onehealth.ca/LinkClick.aspx?fileticket=vV7U_h9t9qI%3d&tabid=1263&portalid=4), includes:
  + Travel information for individuals arriving to Canada by air or land
  + Information on testing and quarantine requirements
  + Information on exemptions from testing and quarantine requirements
  + Information on exemptions for fully vaccinated travellers
  + Links to COVID-19 Resources
  + Links to social media, for the latest news and updates
  + Links to Digital Tools to help travellers
  + Information about the Canada wordmark and how the tool kit resources can be used

Infographics and Information Sheets

* Requirements for fully vaccinated travellers entering Canada by land or air – [English](https://www.canada.ca/content/dam/hc-sc/documents/services/publications/diseases-conditions/fully-vaccinated-travellers-without-covid-19-symptoms-returning-canada-land-air/fully-vaccinated-travellers-without-covid-19-symptoms-returning-canada-land-air.pdf) / [French](https://www.canada.ca/fr/sante-publique/services/publications/maladies-et-affections/voyageurs-entierement-vaccines-ne-presentant-pas-symptomes-covid-19-retournant-canada-voie-terrestre-aerienne.html) / [Cree](https://www.canada.ca/content/dam/hc-sc/documents/services/publications/diseases-conditions/fully-vaccinated-travellers-without-covid-19-symptoms-returning-canada-land-air/fully-vaccinated-travellers-without-covid-19-symptoms-returning-canada-land-air-cre.pdf?) / [Eastern Ojibway](https://www.canada.ca/content/dam/hc-sc/documents/services/publications/diseases-conditions/fully-vaccinated-travellers-without-covid-19-symptoms-returning-canada-land-air/fully-vaccinated-travellers-without-covid-19-symptoms-returning-canada-land-air-ojg.pdf?) / [Inuktitut](https://www.canada.ca/content/dam/hc-sc/documents/services/publications/diseases-conditions/fully-vaccinated-travellers-without-covid-19-symptoms-returning-canada-land-air/fully-vaccinated-travellers-without-covid-19-symptoms-returning-canada-land-air-iku.pdf?)
* Guidance for fully vaccinated travellers entering Canada – step-by-step guidance – [English](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/fully-vaccinated-travellers-covid-19/vaccinated-travellers-en.pdf) / [French](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/fully-vaccinated-travellers-covid-19/vaccinated-travellers-fr.pdf)
* Guidance for travellers over 12 without symptoms who are medically exempt from receiving a vaccination – [English](https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/coronavirus/travellers-over-12-without-symptoms-medically-exempt-vaccination/medically-exempt-en.pdf) / [French](https://www.canada.ca/fr/sante-publique/services/maladies/2019-nouveau-coronavirus/ressources-sensibilisation/voyageurs-plus-12-ans-ne-presentant-pas-symptomes-exemptes-vaccination-raisons-medicales.html)
* Guidance for unvaccinated children under 12 without symptoms and travelling with fully vaccinated parents or guardians – [English](https://www.canada.ca/content/dam/hc-sc/documents/services/publications/diseases-conditions/unvaccinated-children-under-12-without-symptoms-travelling-fully-vaccinated-parents-guardians/unvaccinated-children-en.pdf) / [French](https://www.canada.ca/content/dam/hc-sc/documents/services/publications/diseases-conditions/unvaccinated-children-under-12-without-symptoms-travelling-fully-vaccinated-parents-guardians/unvaccinated-children-fr.pdf)

Webpages

* Information about inter-provincial travel – [English](https://travel.gc.ca/travel-covid/travel-restrictions/provinces) / [French](https://voyage.gc.ca/voyage-covid/voyage-restrictions/provinces?_ga=2.195514476.1932477075.1628617968-1883076729.1628617968)

## Mental Wellness Resources

Digital Toolkit

* This digital toolkit, accessible [here](https://www.onehealth.ca/LinkClick.aspx?fileticket=PLOUjmk9ae4%3d&tabid=1263&portalid=4), includes:
  + Wellness Together Canada (WTC): Information about this valuable mental health and substance use support resource. This portal was launched last year to support people in Canada during COVID-19 while they don’t have their regular support network.
  + Other resources for support: Available resources and services for diverse audiences.
  + Guidelines on safe messaging: Suggested language to use when talking about mental health, suicide and substance use.
  + Opportunities to promote mental health: Calendar of key dates and events to raise awareness about mental health and substance use.
  + Social media shareables: Content and infobites ready to publish and share on your social media channels

# Province of Ontario Resources

**Webpages**

* Ontario’s COVID-19 vaccination program – [English](https://covid-19.ontario.ca/covid-19-vaccines-ontario) / [French](https://covid-19.ontario.ca/fr/vaccins-contre-la-covid-19-en-ontario)
* COVID-19 vaccine safety information – [English](https://covid-19.ontario.ca/covid-19-vaccine-safety) / [French](https://covid-19.ontario.ca/fr/securite-du-vaccin-contre-la-covid-19)
  + Vaccine development – [English](https://covid-19.ontario.ca/covid-19-vaccine-safety#vaccine-development) / [French](https://covid-19.ontario.ca/fr/securite-du-vaccin-contre-la-covid-19#d%C3%A9veloppement-du-vaccin)
  + Vaccine ingredients and how they work – [English](https://covid-19.ontario.ca/covid-19-vaccine-safety#vaccine-ingredients-and-how-they-work) / [French](https://covid-19.ontario.ca/fr/securite-du-vaccin-contre-la-covid-19#ingr%C3%A9dients-des-vaccins-et-leur-mode-de-fonctionnement)
* COVID-19 self-assessment tool – [English](https://covid-19.ontario.ca/self-assessment/) / [French](https://covid-19.ontario.ca/autoevaluation/)
* COVID-19 Province of Ontario communication resources – [English](https://www.ontario.ca/page/covid-19-communication-resources) / [French](https://www.ontario.ca/fr/page/ressources-de-communication-relatives-la-covid-19)

**Factsheets**

* Vaccine safety factsheet – [English](https://nancovid19.ca/wp-content/uploads/2021/01/FACTSHEET_COVID-19_VACCINE_20210113-Eng.pdf) / [Ojibway](https://nancovid19.ca/wp-content/uploads/2021/01/FACTSHEET_COVID-19_VACCINE_2021-Ojibway.pdf) / [Swampy Cree](https://nancovid19.ca/wp-content/uploads/2021/01/FACTSHEET_COVID-19_VACCINE_2021-Swampy-Cree.pdf) / [Oji-Cree](https://nancovid19.ca/wp-content/uploads/2021/01/FACTSHEET_COVID-19_VACCINE_2021OjiCree.pdf)

**Other**

* COVID-19 vaccine data entry form – [English](https://nancovid19.ca/wp-content/uploads/2021/01/C-19-Vaccine-Data-Entry-Form-English.pdf) / [Swampy Cree](https://nancovid19.ca/wp-content/uploads/2021/01/C-19-Vaccine-Data-Entry-Form-Swampy-Cree.pdf)
* COVID-19 vaccine screening and consent form – [English](https://nancovid19.ca/wp-content/uploads/2021/01/COVID-19-Pfizer-Moderna-Consent-Form-English.pdf) / [Oji-Cree](https://nancovid19.ca/wp-content/uploads/2021/01/COVID-19-Pfizer-Moderna-Consent-Form-Oji-Cree.pdf) / [Ojibway](https://nancovid19.ca/wp-content/uploads/2021/01/COVID-19-Pfizer-Moderna-Consent-Form-Ojibway.pdf) / [Swampy Cree](https://nancovid19.ca/wp-content/uploads/2021/01/COVID-19-Pfizer-Moderna-Consent-Form-Swampy-Cree.pdf)

# Partner Organization Resources

In this section, you will find a number of communications resources created by Indigenous partner organizations.

## Partner Organization Social Media Accounts

**Facebook**

* [Weeneebayko Area Health Authority](https://www.facebook.com/WAHA.ON.CA/)
* [Sioux Lookout First Nation Health Authority](https://www.facebook.com/SLFNHA/)
* [Nishnawbe Aski Nation](https://www.facebook.com/NishnawbeAskiNation/)
* [Independent First Nations Alliance](https://www.facebook.com/ifnalliance/)
* [Northwestern Health Unit](https://www.facebook.com/TheNWHU/)
* [All Nations Health Partners](https://www.facebook.com/AllNationsHealthPartnersOHT)
* [Indigenous Primary Health Care Council](https://www.iphcc.ca/)
* [Ontario Native Women’s Association](https://www.facebook.com/ONWA7)
* [The Wabano Centre for Aboriginal Health](https://www.facebook.com/WabanoCentre)
* [Southwest Ontario Aboriginal Health Access Centre](https://www.facebook.com/soahac)
* [Anishnawbe Health Toronto](https://www.facebook.com/anishnawbe/)
* [Porcupine Health Unit](https://www.facebook.com/yourPHU/)
* [Maad’ookiing Mshkiki – Sharing Medicine](https://www.facebook.com/SharingMedicine/)
* [Anishinabe Youth Network](https://www.facebook.com/AnishinabeYouthNetwork/)

**Twitter**

* [Weeneebayko Area Health Authority](https://twitter.com/weeneebayko)
* [Sioux Lookout First Nation Health Authority](https://twitter.com/slfnha)
* [Nishnawbe Aski Nation](https://twitter.com/NANComms)
* [Independent First Nations Alliance](https://twitter.com/ifnalliance)
* [Northwestern Health Unit](https://twitter.com/TheNWHU)
* [All Nations Health Partners](https://twitter.com/AllNationsOHT)
* [Indigenous Primary Health Care Council](https://twitter.com/iphcc_ca)
* [Ontario Native Women’s Association](https://twitter.com/_ONWA_)
* [The Wabano Centre for Aboriginal Health](https://twitter.com/WabanoHealth)
* [Anishnawbe Health Toronto](https://twitter.com/anishnawbe)
* [Porcupine Health Unit](https://twitter.com/PorcupineHU)
* [Maad’ookiing Mshkiki – Sharing Medicine](https://twitter.com/SharingMedicine)
* [Anishinaabe Nation](https://twitter.com/GrandCouncilT3)

**Instagram**

* [Independent First Nations Alliance](http://www.instagram.com/ifnalliance)
* [Northwestern Health Unit](http://www.instagram.com/thenwhu)
* [Ontario Native Women’s Association](http://www.instagram.com/onwa_official)
* [The Wabano Centre for Aboriginal Health](http://www.instagram.com/wabano_centre)
* [Anishnawbe Health Toronto](https://www.instagram.com/supportanishnawbe)
* [Maad’ookiing Mshkiki – Sharing Medicine](https://www.instagram.com/sharing.medicine)

**YouTube**

* [Weeneebayko Area Health Authority](https://www.youtube.com/channel/UCuadRB799BQ6CxFBuvpTldg/videos)
* [Independent First Nations Alliance](https://www.youtube.com/channel/UCTRq4ukl5brwJY3DjRg_dBw/featured)
* [Northwestern Health Unit](https://www.youtube.com/channel/UC4Oim2ic5fLl4GSMXGoSV2w)
* [The Wabano Centre for Aboriginal Health](https://www.youtube.com/channel/UC1s5JLTSnmoQaivqoY4Xasg)
* [Porcupine Health Unit](https://www.youtube.com/channel/UCApfoMiYd71xk7lBL6SIcsw)
* [Maad’ookiing Mshkiki – Sharing Medicine](https://www.youtube.com/watch?v=avWkhcjxPUA)

## Sioux Lookout First Nations Health Authority (SLFNHA) Resources

### Information Related to COVID-19 Vaccines

Access SLFNHA’s main COVID-19 vaccine webpage [here](https://www.slfnha.com/covid/covid-resources/covidvaccine/).

Brochures

* COVID-19 vaccine in pregnancy and breastfeeding – [English](https://www.slfnha.com/wp-content/uploads/2021/02/COVID-19-Vaccine-in-Pregnancy-and-BF-Edit9.pdf)
* About the Moderna COVID-19 vaccine (updated March 19, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Moderna-COVID-19-Vaccine-Brochure-March-19.pdf)
* COVID-19 vaccination: decision-making & informed consent (updated Jan. 15, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/01/COVID-19-Vaccines-and-vaccination-decision-making-informed-consent-TRIFOLD-JAN-15-PID-LH.pdf) / [Oji-Cree](https://www.slfnha.com/wp-content/uploads/2021/01/COVID-19-Vaccines-and-vaccination-decision-making-informed-consent-TRIFOLD-Oji-Cree.pdf)

Social Media Graphics

* What is in the Moderna vaccine? – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Moderna-COVID-19-vaccine-ingredients-lab-Jan-21-PID-LH.pdf)
* What the Moderna vaccine does not contain – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Moderna-COVID-19-vaccine-does-not-contain-2-PID-LH.pdf)
* Get vaccinated so we can \_\_\_ fill-in-the-blank – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Vaccine_Awareness_Shoomis-1-002.pdf)
* The sooner we get vaccinated – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Vaccine_Awareness_Text-2-002.pdf)
* Be like Beaver: vaccine safety – [English](https://www.slfnha.com/wp-content/uploads/2021/01/COVID-19-vaccine_SM_Jan2020.pdf)
* Herd immunity: if enough people are vaccinated – [English](https://www.slfnha.com/wp-content/uploads/2021/02/IF-ENOUGH-ARE-VACCINATED.pdf)
* Herd immunity: if 8 out of 10 people vaccinated – [English](https://www.slfnha.com/wp-content/uploads/2021/02/HERD-IMMUNITY.pdf)
* Moderna protects you – [English](https://www.slfnha.com/wp-content/uploads/2021/02/VACCINE-CAN-PROTECT-YOU.pdf)
* Be like Amik: keep following public health measures after vaccination – [English](https://www.facebook.com/SLFNHA/photos/4132696013480166)
* Good news is good medicine: Pfizer approved for 12+ - [English](https://www.facebook.com/SLFNHA/photos/4141728892576878)
* I got my COVID-19 vaccine – now what? – [English](https://www.facebook.com/SLFNHA/photos/4144668058949628)
* I got my COVID-19 vaccine – now what? #2 – [English](https://www.facebook.com/SLFNHA/photos/4168716826544751)
* I got my COVID-19 vaccine – now what? #3 – [English](https://www.facebook.com/SLFNHA/photos/4175292965887137)
* Get vaccinated: protect pregnant people – [English](https://www.facebook.com/SLFNHA/photos/4147752241974543)
* Be like Rabbit: keep following public heath measures after vaccination – [English](https://www.facebook.com/SLFNHA/photos/4147752241974543)
* Get your second dose - [English](https://www.facebook.com/SLFNHA/photos/4153955981354169)
* Immunity takes two weeks to develop/get your second dose – [English](https://www.facebook.com/SLFNHA/photos/4159741870775580)
* Second dose side effects – [English](https://www.facebook.com/SLFNHA/photos/4165681796848254)
* Vaccinations and pregnancy – [English](https://www.facebook.com/SLFNHA/photos/4162707823812318)
* Many pregnant people have safely received the COVID-19 vaccine – [English](https://www.facebook.com/SLFNHA/photos/4168188083264292)
* Get vaccinated at any point in pregnancy – [English](https://www.facebook.com/SLFNHA/photos/4177782078971559)
* Public health measures still matter – [English](https://www.facebook.com/SLFNHA/photos/4181017991981301)
* Kids can get vaccinated – how do you say Pfizer? – [English](https://www.facebook.com/SLFNHA/photos/a.490069297742874/4184006211682479/)
* Amazing news alert – Operation Remote Immunity Youth beginning May 31st – [English](file:///C:\Users\LeyC\Downloads\-%09https:\www.facebook.com\SLFNHA\photos\a.490069297742874\4159234800826287\)
* Pregnant people with COVID-19 are at higher risk – ask if the vaccine is right for you – [English](https://www.facebook.com/SLFNHA/photos/a.490069297742874/4195853863831047/)
* Misinformation – get info on the COVID vaccine from reliable sources – [English](https://www.facebook.com/SLFNHA/photos/a.490069297742874/4190324471050653/)
* Misinformation – Don’t believe everything online – [English](https://www.facebook.com/SLFNHA/photos/4214165168666583)
* You can get the vaccine if you are breastfeeding – [1](https://www.facebook.com/SLFNHA/photos/a.490069297742874/4183728921710208/), [2](https://www.facebook.com/SLFNHA/photos/4225407797542320)
* Begin family planning with the COVID-19 vaccine – [English](https://www.facebook.com/SLFNHA/photos/4202444033172030)
* The vaccine can keep you safe during pregnancy – [English](https://www.facebook.com/SLFNHA/photos/4216143338468766)
* How the vaccine works – [1](https://www.facebook.com/SLFNHA/photos/pcb.4183628938386873/4183628185053615), [2](https://www.facebook.com/SLFNHA/photos/pcb.4183628938386873/4183628261720274), [3](https://www.facebook.com/SLFNHA/photos/pcb.4183628938386873/4183628488386918), [4](https://www.facebook.com/SLFNHA/photos/pcb.4183628938386873/4183628728386894)
* When you get the vaccine, you aren’t given a microchip – [English](https://www.facebook.com/SLFNHA/photos/4198654700217630)
* Youth: Mom, will I be okay if I get the vaccine? – [English](https://www.facebook.com/SLFNHA/photos/4201593536590413)
* Youth: Vaccinate for the win – contest until July 29th – [English](https://www.facebook.com/SLFNHA/photos/4201869306562836)
* Youth: Vaccination clinics are coming – [English](https://www.facebook.com/SLFNHA/photos/4213377642078669)
* Youth: You can get the vaccine too – [English](https://www.facebook.com/SLFNHA/photos/4218840928199007)
* Youth: Why Pfizer? – [1](https://www.facebook.com/SLFNHA/photos/4219377768145323), [2](https://www.facebook.com/SLFNHA/photos/4224615194288247), [3](https://www.facebook.com/SLFNHA/photos/4228188363930930),
* Youth: Vaccine misinformation – don’t believe everything on TikTok – [English](https://www.facebook.com/SLFNHA/photos/4219627608120339)
* Youth: are you getting your vaccine? – [English](https://www.facebook.com/SLFNHA/photos/4230932823656484)
* Youth: Kids and teens still get sick – get a vaccine – [English](https://www.facebook.com/SLFNHA/photos/4235696643180102)
* Youth: Get your first dose – [English](https://www.facebook.com/SLFNHA/photos/4238710276212072)
* Youth: How is Pfizer given? – [1](https://www.facebook.com/SLFNHA/photos/4241997675883332), [2](https://www.facebook.com/SLFNHA/photos/4247317388684694)
* Youth: When can I get a vaccine? – [English](https://www.facebook.com/SLFNHA/photos/4244628675620232)
* Youth: Why Pfizer and why now? – [English](file:///C:\Users\LeyC\Downloads\•%09Youth:%20Why%20Pfizer%20and%20why%20now%3f%20–%20English)
* mRNA vaccines don’t increase the risk of blood clots – [English](https://www.facebook.com/SLFNHA/photos/4225166107566489)
* Viral vector vs mRNA vaccines – [English](https://www.facebook.com/SLFNHA/photos/4233700270046406)
* mRNA vaccines are like two brands of the same thing – [English](https://www.facebook.com/SLFNHA/photos/4243887535694346)
* New names for Variants of Concern – [English](https://www.facebook.com/SLFNHA/photos/4249861375096962)
* I got vaccinated – now what? – [1](https://www.facebook.com/SLFNHA/photos/4313287998754299), [2](https://www.facebook.com/SLFNHA/photos/4327286860687746)
* When you get the vaccine, you don’t grow a tail – [English](https://www.facebook.com/SLFNHA/photos/4292371604179272)
* Be like zhiishiib: get vaccinated and follow public health guidelines - [English](https://www.facebook.com/SLFNHA/photos/4294643853952047)
* Vaccines are working – we’re so close to normal – [English](https://www.facebook.com/SLFNHA/photos/4300146566735109)
* Vaccine guidance for Urban Indigenous – [English](https://www.facebook.com/SLFNHA/photos/4300392830043816)
* Did you know? Spike proteins – [English](https://www.facebook.com/SLFNHA/photos/4329921753757590)
* How to interpret COVID-19 test results – [1](https://www.facebook.com/SLFNHA/photos/4335952266487872), [2](https://www.facebook.com/SLFNHA/photos/4352177874865311)
* Be like nika: get vaccinated, follow public health measures – [English](https://www.facebook.com/SLFNHA/photos/4337902452959520)
* Get vaccinated and help stop the pandemic – [English](https://www.facebook.com/SLFNHA/photos/4352960088120423)
* Do COVID-19 vaccines spike your blood cells? – [1](https://www.facebook.com/SLFNHA/photos/4358463474236751), [2](https://www.facebook.com/SLFNHA/photos/4358463627570069)
* Get vaccinated to protect your children – [English](https://www.facebook.com/SLFNHA/photos/4358991270850638)

Public Service Announcements – Radio Scripts

* Accessing the COVID-19 vaccine off-reserve (updated March 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/03/SLFNHA-Community-Radio-Script_Information-on-Accessing-the-COVID-19-Vaccine-Off-Reserve.pdf) / [Oji-Cree](https://www.slfnha.com/wp-content/uploads/2021/03/Ojicree-SLFNHA-Community-Radio-Script_Information-on-Accessing-the-COVID-19-Vaccine-Off-Reserve.pdf)
* How the vaccines were made so quickly (updated January 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/02/SLFNHA_Community-Radio-Script_Why-We-Have-COVID-Vaccines-Now.pdf)
* After getting vaccinated against COVID-19 (updated April 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/04/Community-radio-script_After-getting-vaccinated-against-COVID-19.pdf)
* COVID-19 Vaccine facts for youth (updated May 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/05/Community-radio-script_COVID-19-Vaccine-Facts-for-Youth.pdf)
* Learning about the Pfizer vaccine for youth (updated May 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/05/Community-radio-script_Learning-about-the-Pfizer-COVID-19-vaccine.pdf)
* Reviewing the Pfizer and Moderna vaccines (youth audience – updated June 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/06/Community-radio-script_Reviewing-Moderna-and-Pfizer-Vaccines.pdf)

Videos

* How the Moderna vaccine was created so quickly – [English](https://www.slfnha.com/wp-content/uploads/2021/01/Moderna-Vaccine-Created-So-Quickly.mp4#t=8)

Fact Sheets

* COVID-19 Vaccine After Care (updated March 17, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/03/COVID-19-vaccination-after-care-info-sheet-FINAL-Mar-17-.pdf)
* FAQ: Moderna COVID-19 vaccine (updated March 19, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Moderna-COVID-19-Vaccine-FAQ-Mar-19.pdf)
* FAQ: After COVID-19 vaccination (updated April 15, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/04/FAQ-After-COVID-19-Vaccination.pdf)
* Moderna COVID-19 vaccine ingredients (updated Jan. 20, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/01/Moderna-Vaccine-Ingredients-Information-Sheet-Jan-20_.pdf)
* FAQ: Pfizer-BioNTech COVID-19 vaccine (updated May 18 & 11, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/05/Pfizer-BioNTech-COVID-19-Vaccine-FAQ-revised-May-18.pdf) / [Ojicree](https://www.slfnha.com/wp-content/uploads/2021/05/Pfizer-BioNTech-COVID-19-Vaccine-FAQ-Ojicree.pdf)
* Info sheet: Pfizer-BioNTech COVID-19 vaccine (updated May 18 & 11, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/05/Pfizer-BioNTech-COVID-19-vaccine-fact-sheet-revised-May-18-1.pdf) / [Ojicree](https://www.slfnha.com/wp-content/uploads/2021/05/Pfizer-BioNTech-COVID-19-vaccine-fact-sheet-OjiCree.pdf)
* FAQ: AstraZeneca COVID-19 vaccines (July 6, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/07/AstraZeneca-COVID-19-vaccines-FAQ-FINAL-July-6.pdf)
* Immune response to COVID-19 vaccines (July 5, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/07/Immune-Response-to-COVID-19-Vaccines-Information-Sheet-FINAL-July-6.pdf)
* COVID-19 test results: re-positive and re-infection (July 6, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/07/Re-positive-and-Re-infection-COVID-19-test-results-FINAL-July-7.pdf)

### Other COVID-19 Resources

Brochures

* COVID-19 Variants of concern – [English](https://www.slfnha.com/wp-content/uploads/2021/04/About-COVID-19-Variants-April-28.pdf)
* Pregnancy during COVID-19 – [English](https://www.slfnha.com/wp-content/uploads/2020/11/FINAL_Pregnancy-during-COVID-19.pdf)
* Social isolation and young children during COVID-19 – [English](https://www.slfnha.com/wp-content/uploads/2020/12/Social-isolation-and-young-children-during-COVID-19.pdf)
* Seeing the healthy truth (combatting misinformation) – [English](https://www.slfnha.com/wp-content/uploads/2021/01/Seeing-the-Healthy-Truth_Pamphlet_Final.pdf)
* Parenting through COVID-19 – [English](https://www.slfnha.com/wp-content/uploads/2021/02/10-Tips_Digital.pdf)

Posters

* Managing COVID-19 at home – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Covid-19-At-Home-Poster-11x17-1.pdf) / [Oji-Cree](https://www.slfnha.com/wp-content/uploads/2021/03/OjiCreeHow-to-manage-COVID-19-at-home-11-x-17-Poster.pdf)
* Hand washing instructions – [English](https://www.slfnha.com/wp-content/uploads/2020/11/HandWashing_English_COVID_Digital-1.pdf) / [Oji-Cree](https://www.slfnha.com/wp-content/uploads/2020/11/HandWashing_Oji-Cree_COVID_Digital.pdf) / [Syllabics](https://www.slfnha.com/wp-content/uploads/2020/11/HandSanitizing_Syllabics_COVID_Digital-1.pdf)
* Hand sanitizing instructions – [English](https://www.slfnha.com/wp-content/uploads/2020/11/HandSanitizing_English_COVID_Digital-1.pdf) / [Oji-Cree](https://www.slfnha.com/wp-content/uploads/2020/11/HandSanitizing_Oji-Cree_COVID_Digital.pdf)
* Mask guidelines – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Guidelines-for-a-good-mask_2021.pdf)
* Wear the right size face mask - [English](https://www.slfnha.com/wp-content/uploads/2021/02/Make-sure-your-mask-fits.pdf)
* Hand washing and masks – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Wash-your-hands-before-handling-masks.pdf)
* Wear a mask even after being vaccinated – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Wear-a-mask-even-after-getting-your-COVID-19-vaccine.pdf)
* Wear a mask with a nose wire – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Wear-a-mask-with-a-nose-wire.pdf)
* Travelling out of community (2 pages) – [English](https://www.slfnha.com/wp-content/uploads/2020/11/FINAL-Travelling-out-of-Community-Posters.pdf)
* Cough into your sleeve (do a modified dab dance) – [English](https://www.slfnha.com/wp-content/uploads/2020/11/Cover-cough-and-sneeze-with-modified-dab.pdf)
* Cover your cough – [English](https://www.slfnha.com/wp-content/uploads/2020/10/CoverYourCough_English_COVID_Digital-1.pdf) / [Oji-Cree](https://www.slfnha.com/wp-content/uploads/2021/02/CoverYourCough_Oji-Cree_COVID_Digital.pdf) / [Syllabics](https://www.slfnha.com/wp-content/uploads/2020/10/CoverYourCough_Syllabics_COVID_Digital.pdf)
* Before you share: stop the spread of misinformation – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Stop-the-Spread-of-Misinformation_v2Greyscale.pdf)
* COVID-19 facts on social media (list of reliable accounts) – [English](https://www.slfnha.com/wp-content/uploads/2021/02/COVID-19-Facts-on-Social-Media_v2Greyscale.pdf)
* Alcohol use and COVID-19 – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Alcohol-and-COVID-19.pdf)
* Drug use safety tips during COVID-19 – [English](https://www.slfnha.com/wp-content/uploads/2021/02/COVID-19-Drug-Use-Safety-Tips.pdf)
* Harm reduction and COVID-19 – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Harm-Reduction-COVID-19.pdf)
* Smoking and COVID-19 – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Smoking-and-COVID19_Digital.pdf)
* COVID-19: Prevention, detection, action – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Covid-19-Quick-Guide-Info-Poster.pdf)
* How to wear a mask – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Mask_Digital-1.pdf) / [Syllabics](https://www.slfnha.com/wp-content/uploads/2021/02/Mask_Syllabics_Digital.pdf)
* Remember the 3 Cs – [English](https://www.slfnha.com/wp-content/uploads/2021/04/Remember-the-3-Cs-April-28.pdf)

Social Media Graphics

* Variants of concern
  + What is a variant? – [English](https://www.slfnha.com/wp-content/uploads/2021/03/What-is-a-variant_1.pdf)
  + What are variants of concern? – [English](https://www.slfnha.com/wp-content/uploads/2021/03/What-are-variants-of-concern.pdf)
  + Can the vaccine protect against variants? – [English](https://www.slfnha.com/wp-content/uploads/2021/03/How-the-vaccine-works-against-variants.pdf)
  + How to protect against variants – [English](https://www.slfnha.com/wp-content/uploads/2021/03/What-can-we-do-to-protect-against-variants.pdf)
  + How do we find variants? – [English](https://www.slfnha.com/wp-content/uploads/2021/03/How-do-we-find-variants.pdf)
  + Why do variants exist? – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Why-are-we-seeing-different-variants_2.pdf)
  + Be like Rabbit: new variants – [English](https://www.slfnha.com/wp-content/uploads/2021/01/COVID-variants_SM_Jan2020.pdf)
* Managing COVID-19 at home (self-isolation and monitoring)
  + Do a wellness check – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Do-a-wellness-check.pdf)
  + Self-isolation – nestle in one room – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Nestle-in-one-room.pdf)
  + COVID-19 protocols at home - [English](https://www.slfnha.com/wp-content/uploads/2021/03/Practice-Public-Health-Measures.pdf)
  + Staying connected – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Stay-Connected.pdf)
  + Self-isolation – caring for yourself – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Take-good-care-of-yourslef.pdf)
* Masks
  + Layer your mask for a better fit – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Layer-your-masks-for-better-protection.pdf)
  + Mask fit test – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Mask-fit-test.pdf)
  + Wear your mask tight to your face – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Wear-your-mask-tight-to-your-face-1.pdf)
  + Fitted masks stop variants better – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Well-fitting-masks-stop-varients-better.pdf)
  + Why does masking still matter? – [English](https://www.facebook.com/SLFNHA/photos/4338935606189538)
* Physical distancing
  + Stay a moose-length apart – [Multilingual](https://www.slfnha.com/wp-content/uploads/2020/11/Keep-a-Moose-Length-Apart.pdf)
  + Keep a moose between you – [English](https://www.slfnha.com/wp-content/uploads/2020/11/Keep-safe-by-staying-2m-apart.pdf)
  + Don’t gather with those outside your household – [English](https://www.facebook.com/SLFNHA/photos/4211515122264921)
  + Don’t fish with people outside your home – [English](https://www.facebook.com/SLFNHA/photos/4216918151724618)
  + Shop alone, wear a mask, wash your hands – [English](https://www.facebook.com/SLFNHA/photos/4222062484543518)
* General COVID-19 messages
  + Be prepared, not scared – [Multilingual](https://www.slfnha.com/wp-content/uploads/2020/11/Be-Prepared.png)
  + Care for your children by caring for yourself – [Bilingual](https://www.slfnha.com/wp-content/uploads/2020/11/Caring-for-Yourself.png)
  + Disinfect common objects – [English](https://www.slfnha.com/wp-content/uploads/2020/11/Keep-Your-Things-Clean-and-Safe.pdf)
  + How to properly wear and remove gloves – [English](https://www.ifna.ca/wp-content/uploads/2020/10/puttingontakingoffgloves_english_covid_d.pdf)
  + Be like Otter: Follow public health guidelines – [English](https://www.slfnha.com/wp-content/uploads/2020/11/Follow-local-guidance.pdf)
  + Be like Wolf: Follow public health guidelines – [English](https://www.slfnha.com/wp-content/uploads/2020/11/Practice-public-health-measures.pdf) `
  + Be like Moose: Follow public health guidelines – [English](https://www.slfnha.com/wp-content/uploads/2021/01/Keep-your-community-safe_SM_Jan2020.pdf)
  + Be like Hawk: Don’t travel for non-essential reasons – [English](https://www.slfnha.com/wp-content/uploads/2021/01/Essential-travel_SM_Jan2020.pdf)
  + COVID-19 toolbox – [English](https://www.facebook.com/SLFNHA/photos/4162709060478861)
  + Connect with the land to cope with COVID-19 – [English](https://www.facebook.com/SLFNHA/photos/a.490069297742874/4190075667742200/)
  + Public health matters because many are not yet vaccinated – [English](https://www.facebook.com/SLFNHA/photos/a.490069297742874/4187357698013997/)
  + Be like miskwaadesi: Follow public health guidelines – [English](https://www.facebook.com/SLFNHA/photos/4260394397376993)
  + Be like jiweganaabizhiish: Follow public health guidelines – [English](https://www.facebook.com/SLFNHA/photos/4262952073787892)
  + Practicing spiritual values during COVID-19 – [English](https://www.facebook.com/SLFNHA/photos/4270453166371116)
  + Be like makwa: protect children by following public health measures - [English](https://www.facebook.com/SLFNHA/photos/4324400774309688)
  + Long COVID – [English](https://www.facebook.com/SLFNHA/photos/4369894083093690)
* Maintaining health during COVID-19
  + Don’t ignore other health problems – [Bilingual](https://www.slfnha.com/wp-content/uploads/2020/11/Health-Beyond-COVID-19.pdf)
  + Keep other immunizations up to date – [English](https://www.slfnha.com/wp-content/uploads/2020/11/Immunizations-Matter.pdf)
  + Keep your child’s vaccinations up to date – [Bilingual](https://www.slfnha.com/wp-content/uploads/2020/11/Importance-of-Vaccinations.pdf)
* Misinformation
  + Be like the Owls: stop misinformation – [English](https://www.slfnha.com/wp-content/uploads/2021/01/Stop-misinformation_SM_Jan2020.pdf)
  + Who to get information from – [English](https://www.facebook.com/SLFNHA/photos/4208438039239296)
  + Spotting misinformation online – [1](https://www.facebook.com/SLFNHA/photos/4222566797826420), [2](https://www.facebook.com/SLFNHA/photos/4222566914493075), [3](https://www.facebook.com/SLFNHA/photos/4222566991159734), [4](https://www.facebook.com/SLFNHA/photos/4222567067826393)
* Travel
  + Don’t let COVID-19 hitch a ride / stay home – [English](https://www.facebook.com/SLFNHA/photos/4205450116204755)

PSAs – Radio Scripts

* Important infection prevention and control measures (updated April 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/04/Community-Radio-Script_IPAC-Review.pdf)
* Physical distancing (updated April 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/04/Community-Radio-Script_Physical-Distancing-1-person-script.pdf)
* Self-monitoring and screening for COVID-19 (updated April 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/04/Community-Radio-Script_Self-monitoring-screening.pdf)
* Face masks (updated April 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/04/SLFNHA-Community-Radio-Script_Face-masks.pdf)
* Testing, case management, and contact tracing (updated April 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/04/Community-radio-script_Testing-management-and-contact-tracing-for-COVID-19.pdf)
* Travelling safely during the COVID-19 pandemic (updated April 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/04/Community-radio-script_Travelling-safe-during-COVID-19.pdf)
* COVID-19: Be prepared, not scared (updated January 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/01/SLFNHA_Community-Radio-Script_Be-Prepared-Not-Scared.pdf)
* About COVID-19 variants (updated April, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/04/SLFNHA_Community-Radio-Script_Talking-About-COVID-19-Variants-April-28.pdf)

Videos

* How to isolate at home when you have COVID-19 – [English](https://www.slfnha.com/wp-content/uploads/2021/02/SLFNHA-InfoVideo5-1.mp4#t=7)
* How to care for a loved one with COVID-19 – [English](https://www.slfnha.com/wp-content/uploads/2021/02/SLFNHA-InfoVideo6.mp4#t=7)
* COVID-19: mental health and self care – [English](https://www.slfnha.com/wp-content/uploads/2021/02/SLFNHA-InfoVideo4-1.mp4#t=9)

Fact Sheets

* Key changes to mask recommendations (updated March 12, 2021) – [English](https://www.slfnha.com/wp-content/uploads/2021/03/Key-changes-to-mask-recommendations-FINAL-Mar-12_.pdf) / [Oji-Cree](https://www.slfnha.com/wp-content/uploads/2021/03/Ojicree_-Key-changes-to-mask-recommendations-FINAL-Mar-12_01.pdf)
* Use of Naloxone during COVID-19 (updated May 11, 2020) – [English](https://www.slfnha.com/wp-content/uploads/2021/02/PHG-Uses-of-Naxalone-Covid19-May13-1.pdf)
* How to self-monitor (updated July 30, 2020) – [English](https://slfnha.com/wp-content/uploads/2020/09/Advice-Sheet-How-to-Self-Monitor-Updated-July-30-2020.pdf)
* Bleach solutions for disinfecting – [English](https://www.slfnha.com/wp-content/uploads/2020/10/Bleach-Solutions-for-Cleaning-Information-Sheet.pdf)
* Bathroom cleaning and disinfecting – [English](https://www.slfnha.com/wp-content/uploads/2020/11/Information-Sheet-Bathroom-Cleaning-revised-November-24.pdf)
* Cleaning and disinfecting tips – [English](https://www.slfnha.com/wp-content/uploads/2020/11/Information-Sheet-Cleaning-and-Disinfecting-Tips-november-24.pdf)
* Laundry tips – [English](https://www.slfnha.com/wp-content/uploads/2020/12/Information-Sheet-Laundry-Tips-revised-November-24-2.pdf)
* Advice sheet: living on the land during COVID-19 – [English](https://www.slfnha.com/wp-content/uploads/2020/11/Advice-sheet-living-on-the-land-during-COVID-November-19.pdf)
* Advices sheet: guidance for multi-generational households – [English](https://www.slfnha.com/wp-content/uploads/2021/05/Guidance-for-Multi-generational-Households_Advice-Sheet.pdf)
* Misinformation - Accounts to follow for reliable health information – [English](https://www.slfnha.com/wp-content/uploads/2021/05/Social-Media-Accounts-to-Follow-for-Information-on-Covid-19_Poster.pdf)
* How to stop the spread of misinformation – [English](https://www.slfnha.com/wp-content/uploads/2021/05/Tips-to-Stop-the-Spread-of-Misinformation_Poster.pdf)

Resources for Children and Families

* My Coronavirus Story – digital storybook – [English](https://www.slfnha.com/wp-content/uploads/2021/02/My-COVID-19-Story-jan2021.pdf) / [Oji-Cree](https://www.slfnha.com/wp-content/uploads/2021/02/My-COVID-19-Story-jan2021_Ojicree.pdf)
* My Community Coronavirus Story – digital storybook – [English](https://www.slfnha.com/wp-content/uploads/2021/02/Our-community-covid-story-Jan-2021.pdf) / [Oji-Cree](https://www.slfnha.com/wp-content/uploads/2021/02/Our-community-covid-story-Jan-2021-OjiCree.pdf)
* Staying Safe at Home: A Resource to Support Families – [Bilingual English and Oji-Cree](https://www.slfnha.com/wp-content/uploads/2021/04/Staying-Safe-At-Home-A-Resource-for-Families.pdf)

## Mohawk Council of Akwesasne Resources

Videos

* Why is it important to get vaccinated? - [English](https://www.youtube.com/watch?v=czccRaf_5J0)
* Why are health recommendations always changing? – [English](https://www.youtube.com/watch?v=Y_kdLYZixTo)
* Should pregnant / breastfeeding women get the vaccine? – [English](https://www.youtube.com/watch?v=WJZO2XfqCFY)
* Risks of getting COVID-19 vs. getting the vaccine - [English](https://www.youtube.com/watch?v=ySov1xNldd8)
* What could happen to me if I get COVID-19? – [English](https://www.youtube.com/watch?v=YYQRlBAPnJg)
* COVID-19 questions with Dr. Horn – [English](https://www.youtube.com/watch?v=QL4PDCYKVnI)

## Weeneebayko Area Health Authority (WAHA) Resources

Webpages

* WAHA main COVID-19 [webpage](https://www.waha.ca/covid-19/)
* COVID-19 testing [information](https://www.waha.ca/covid-19/testing/)
* COVID-19 vaccine [information](https://www.waha.ca/covid-19/vaccine/)

Posters

* COVID-19 testing information – [Bilingual English and Cree dialects](https://www.waha.ca/wp-content/uploads/2020/11/Testing-Poster-Sept-21.pdf)
* Hand washing instructions – [Bilingual English and Cree dialects](https://www.waha.ca/wp-content/uploads/2020/11/hand-washing-Sept21.pdf)
* How to wear a mask – [Bilingual English and Cree dialects](https://www.waha.ca/wp-content/uploads/2020/11/Mask-Poster-Sept-21.pdf)

Social Media Graphics

* COVID-19 testing in WAHA area – [English](https://www.waha.ca/wp-content/uploads/2020/11/Facebook-Testing-EN-1.jpg) / [Cree N](https://www.waha.ca/wp-content/uploads/2020/11/Facebook-Testing-Cree-N-1.jpg) / [Cree L](https://www.waha.ca/wp-content/uploads/2020/11/Facebook-Testing-Cree-L-1.jpg) / [Cree L Roman Orthography](https://www.waha.ca/wp-content/uploads/2020/11/Facebook-Testing-Cree-L-RO-1.jpg)
* Hand washing instructions – [English](https://www.waha.ca/wp-content/uploads/2020/11/Facebook-Testing-EN.jpg) / [Cree N](https://www.waha.ca/wp-content/uploads/2020/11/Facebook-Testing-Cree-N.jpg) / [Cree L](https://www.waha.ca/wp-content/uploads/2020/11/Facebook-Testing-Cree-L.jpg) / [Cree L Roman Orthography](https://www.waha.ca/wp-content/uploads/2020/11/Facebook-Testing-Cree-L-RO.jpg)
* How to wear a mask – [Cree N](https://www.waha.ca/wp-content/uploads/2020/11/Facebook-Mask-Cree-N.jpg) / [Cree L](https://www.waha.ca/wp-content/uploads/2020/11/Facebook-Mask-Cree-L.jpg) / [Cree L Roman Orthography](https://www.waha.ca/wp-content/uploads/2020/11/Facebook-Mask-Cree-L-RO.jpg)
* Physical distancing – [Cree N](https://www.waha.ca/wp-content/uploads/2020/11/FacebookPhysical-Distancing-Cree-N.jpg) / [Cree L](https://www.waha.ca/wp-content/uploads/2020/11/FacebookPhysical-Distancing-Cree-L.jpg) / [Cree L Roman Orthography](https://www.waha.ca/wp-content/uploads/2020/11/FacebookPhysical-Distancing-Cree-L-RO.jpg)
* I got vaccinated - [Facebook profile photo frame](https://www.waha.ca/covid-19-vaccine-facebook-frame/)
* Vaccines for 12-17 coming soon – [English](https://twitter.com/weeneebayko/status/1395036741212516363)

## Nishnawbe Aski Nation (NAN) Resources

Webpages

* Main COVID-19 webpage [here](https://nancovid19.ca/). This page includes links to regular interviews with NAN officials on Wawatay.
* COVID-19 vaccine resource page [here](https://nancovid19.ca/?cat=64).

Social Media Graphics

* Can you get COVID-19 from the vaccine? – [English & Ojibway](https://nancovid19.ca/?p=4307)
* When will a vaccine be approved for children under 12? [English, Ojibway, & Oji-Cree](https://nancovid19.ca/?p=4256)
* Vaccine Q&A – [English](https://nancovid19.ca/?p=4237)
* How does the Pfizer COVID-19 vaccine work? – [English](https://www.facebook.com/NishnawbeAskiNation/photos/5829448667080454)
* All COVID-19 vaccines are safe and effective – [English](https://www.facebook.com/NishnawbeAskiNation/photos/5741816802510308)
* All COVID-19 vaccines are good – [English](https://www.facebook.com/NishnawbeAskiNation/photos/5738003219558333)
* Waiting for a specific vaccine is risky – [English](https://www.facebook.com/NishnawbeAskiNation/photos/5736436946381627)
* It will take time for everyone to get vaccinated – [English](https://www.facebook.com/NishnawbeAskiNation/photos/5732410680117587)
* The sooner you are able to receive the vaccine, the better – [English](https://www.facebook.com/NishnawbeAskiNation/photos/5732410676784254)
* It takes 2 weeks after the last dose to have optimal immunity – [English](https://www.facebook.com/NishnawbeAskiNation/photos/5643174219041234)

## Independent First Nations Alliance

Webpages

* Main COVID-19 webpage [here](https://ifna.ca/covid-19/)
* Off-reserve vaccinations [here](https://ifna.ca/off-reserve-community-vaccinations/)

Factsheets

* How to care for someone with COVID-19 – [English](https://www.ifna.ca/wp-content/uploads/2020/10/ifna_how-to-care-for-someone-with_covid-.pdf)
* Mental health and wellbeing during COVID-19 – [Bilingual](https://www.ifna.ca/wp-content/uploads/2020/10/PersonalWellness.pdf)
* COVID-19 FAQs – [English](https://www.ifna.ca/wp-content/uploads/2020/10/FAQ.png)

Videos

* COVID-19 Detection and Actions – [English](https://www.youtube.com/watch?v=uqtlJ4OeSeU)
* COVID-19 Mental Health & Self Care – [English](https://www.youtube.com/watch?v=eWlphBb3p38)
* How to care for a loved one with COVID-19 – [English](https://www.youtube.com/watch?v=-Zua62R_E5k)
* How to isolate at home when you have COVID-19 – [English](https://www.youtube.com/watch?v=cIr1gjEI8OY)
* COVID-19 Vaccine presented by Dr. Douglas – [English](https://www.youtube.com/watch?v=xWRvlQjvdmo)

Other

* COVID-19 Vaccine PowerPoint presentation - [English](https://www.ifna.ca/wp-content/uploads/2021/01/slide-pdf.pdf)

## All Nations Health Partners

The All Nations Health Partners COVID-19 webpage can be found [here](https://www.anhp.net/).

Toolkits

* Community Vaccine Toolkit – [English](https://245fa145-3b92-44d3-86c5-e742b137383f.filesusr.com/ugd/931959_be26c6f2578b4489bed40e54e1deeb82.pdf)

Other

* COVID-19 Vaccine Q&A – [English](https://245fa145-3b92-44d3-86c5-e742b137383f.filesusr.com/ugd/931959_99a8034b73e940eeb87c7259b57efa5d.pdf)

## Northwestern Health Unit

Webpages

* COVID-19 homepage [here](https://www.nwhu.on.ca/covid19/Pages/home.aspx)
* Information about COVID-19 vaccines [here](https://www.nwhu.on.ca/covid19/Pages/covid-19-vaccines.aspx)
* Biweekly COVID-19 Q & A sessions with Dr. Kit Young Hoon [here](https://www.nwhu.on.ca/covid19/Pages/public-sessions.aspx)
* Mental health resources [here](https://www.nwhu.on.ca/covid19/Pages/mental-health.aspx)
* Workplace resources [here](https://www.nwhu.on.ca/covid19/Pages/information-for-workplaces-and-businesses.aspx)
* Disinfecting your home [here](https://www.nwhu.on.ca/ourservices/PreventingInfectiousDiseases/Pages/Disinfecting-Your-Home.aspx)

Posters

* Extending the second dose of the COVID-19 vaccine – [English](https://www.nwhu.on.ca/covid19/Documents/COVID-19%20Infographic%20-%20Extending%20the%202nd%20Dose%20of%20the%20COVID-19%20Vaccine.pdf)
* How to wash your hands – [English](https://www.nwhu.on.ca/covid19/Documents/Handwashing%20poster-FINAL.pdf) / [French](https://www.nwhu.on.ca/covid19/Documents/Handwashing%20poster%20-%20FRENCH%20FINAL.pdf)
* How to sanitize your hands – [English](https://www.nwhu.on.ca/covid19/Documents/Sanitizing%20your%20hands.pdf) / [French](https://www.nwhu.on.ca/covid19/Documents/Sanitizing%20your%20hands%20-%20FRENCH.pdf)
* Using a cloth mask safely – [English](https://www.nwhu.on.ca/covid19/Documents/Using%20a%20cloth%20mask%20safely%20-%20poster.pdf) / [French](https://www.nwhu.on.ca/covid19/Documents/Using%20a%20cloth%20mask%20safely%20-%20poster%20-%20FRENCH.pdf)
* Non-branded sign: do not enter if you have a fever or other symptoms – [English](https://www.nwhu.on.ca/covid19/Documents/covid%20sign%2011x17%20v2%20no%20branding.pdf)

## Maad’ookiing Mshkiki – Sharing Medicine

The main webpage for Maad’ookiing Mshkiki – Sharing Medicine can be found [here](https://www.womenscollegehospital.ca/research,-education-and-innovation/maadookiing-mshkiki%E2%80%94sharing-medicine).

Social Media Graphics

* COVID-19 variants – [English](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_05/SM-variants-Twitter-A-1.jpg)
* Variant severity – [English](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_05/SM-variants-Twitter-A-3.jpg)
* Variants key messages – [English](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_05/SM-variants-Twitter-A-5.jpg)
* Variants key messages 2 – [English](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_05/SM-variants-Twitter-A-6.jpg)
* Variants and transmission – [English](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_05/SM-variants-Twitter-A-2.jpg)
* Variants and vaccines – [English](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_05/SM-variants-Twitter-A-4.jpg)
* Follow public health advice – [English](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_05/SM-variants-Twitter-A-7.jpg)
* Your rights and COVID-19 vaccinations – English – [1](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_01/01.jpg), [2](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_01/02.jpg), [3](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_01/03.jpg), [4](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_01/04.jpg), [5](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_01/05.jpg)
* Vaccine ingredients and side effects – English – [1](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_02/1-VACCINE-INGREDIENTS-SIDE-EFFECTS.png), [2](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_02/2-VACCINE-INGREDIENTS-SIDE-EFFECTS.png), [3](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_02/3-VACCINE-INGREDIENTS-SIDE-EFFECTS.png)
* Wellness practices to combat COVID-19 – English – [1](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-1-Wellness-1-Practices-1-Instagram-1-1.jpg), [2](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-1-Wellness-1-Practices-1-Instagram-1-2.jpg), [3](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-1-Wellness-1-Practices-1-Instagram-1-4.jpg), [4](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-1-Wellness-1-Practices-1-Instagram-1-3.jpg), [5](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-1-Wellness-1-Practices-1-Instagram-1-5.jpg), [6](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-1-Wellness-1-Practices-1-Instagram-1-6.jpg), [7](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-2-2.jpg), [8](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-2-1.jpg), [9](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-2-3.jpg), [10](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-2-4.jpg), [11](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-2-6.jpg), [12](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-2-5.jpg), [13](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-2-7.jpg), [14](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-3-1.jpg), [15](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-3-6.jpg)
* Cedar tea recipe – English – [1](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-3-2.jpg), [2](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-3-3.jpg), [3](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-3-4.jpg), [4](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_03/SM-Wellness-Practices-Instagram-3-5.jpg)
* Pregnancy, COVID-19, and vaccines – English – [1](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-A-1.jpg), [2](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-A-3.jpg), [3](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-A-2.jpg), [4](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-A-4.jpg), [5](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-A-5.jpg), [6](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-A-6.jpg), [7](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-A-7.jpg)
* Raising a family during the COVID-19 pandemic – English – [1](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-B-1.jpg), [2](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-B-2.jpg), [3](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-B-7.jpg)
* COVID-19 vaccinations for children – English – [1](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-B-3.jpg), [2](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-B-4.jpg), [3](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-B-5.jpg), [4](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-B-4.jpg), [5](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-B-5.jpg), [6](https://www.womenscollegehospital.ca/assets/images/IndigenousHealth/sharingMedicine/firesideChat_04/SM-family-Instagram-B-6.jpg)

Factsheets

* What’s in the mRNA vaccines and how do they work? – [English](https://www.womenscollegehospital.ca/assets/pdf/IndigenousHealth/SharingMedicine/SHARING-MEDICINE-COVID-VACCINE-INGREDIENTS-SIDE-EFFECTS.pdf)

Videos

* Vaccine hesitation & the benefits of getting vaccinated – [English](https://www.youtube.com/watch?v=avWkhcjxPUA&t=10s)
* How do COVID-19 vaccines work? - [English](https://www.youtube.com/watch?v=C0ZR7JTO4RQ)
* Intersections between biomedicine and traditional knowledge and medicines - [English](https://youtu.be/EatFX4o6POg)
* Central family fires – [English](https://youtu.be/O_V5l2iN2rk)

Other

* COVID-19 vaccines PowerPoint – [English](https://www.womenscollegehospital.ca/assets/pdf/IndigenousHealth/SharingMedicine/Covid%20Vaccine%20Presentation_Feb%202021_Read-Only.pdf)

## Grand Council Treaty 3

* Social media graphic: possible side effects of the Pfizer vaccine for 12-17 year olds - [English](https://twitter.com/GrandCouncilT3/status/1397555138609418254)

## Indigenous Primary Health Care Council

* COVID-19 webpage [here](https://www.iphcc.ca/covid-19/).

## Ontario Native Women’s Association

* COVID-19 webpage [here](https://www.onwa.ca/covid-19-resources)

## The Wabano Centre for Aboriginal Health

* #BeGreatVaccinate Facebook profile [photo frame](https://www.facebook.com/WabanoCentre/photos/a.484555508236810/5857104047648569/)
* COVID-19 vaccine facts poster - [English](https://wabano.com/wp-content/uploads/2021/03/WC-21_Poster-Covid-Vaccination-7.pdf)

## Southwest Ontario Aboriginal Health Access Centre

* COVID-19 homepage [here](https://soahac.on.ca/service/covid-19/)

## Anishnawbe Health Toronto

* COVID-19 vaccination page [here](https://aht.ca/covid-19-vaccination-drop-in-clinic/)

## Porcupine Health Unit

* COVID-19 homepage [here](https://www.porcupinehu.on.ca/en/your-health/infectious-diseases/novel-coronavirus/)

## Other Useful Resources

* #ProtectOurElders campaign [website](https://protectourelders.ca/). This initiative from the Alexis Nakota Sioux Nation encourages youth to protect their Elders from COVID-19.
* Registered Nurses’ Association of Ontario [monthly COVID-19 webinar](https://rnao.ca/events/covid-19-webinar-series) with CEO Doris Grinspun. This is hosted on the second Monday of each month.
* One-minute video PSA called [*Hope is Stronger than Fear*](https://www.youtube.com/watch?v=DH2MwEG4EHc) that encourages First Nations people to get vaccinated.
* Kenora Chiefs Advisory video [*We’re doing this, for this*](https://www.youtube.com/watch?v=IPgWXwWwbec), highlighting the activities that can be resumed when the pandemic ends.
* APTN COVID-19 [dashboard](https://www.aptnnews.ca/topic/covid-19/). This includes weekly interviews with ISC doctors to answer questions on COVID-19. Questions can be submitted via the same webpage.
* National Association of Friendship Centres COVID-19 [homepage](https://www.nafc.ca/en/resources-research/covid-19)
* Kids Boost Immunity [webpage](https://kidsboostimmunity.com/). Educational resources for teachers on topics that promote understanding of the scientific and social factors around immunization, public health, COVID-19 and includes Indigenous content from British Columbia.
* Morning Star Lodge [Protecting Our Home Fires](https://www.indigenoushealthlab.com/protecting-our-home-fires) webpage.
* Turtle Lodge [video](https://www.youtube.com/watch?v=eTUZnhkKQpw): Elder Dr. Dave Courchene on the root of COVID, listening to Spirit, taking responsibility for our decisions & considering how they impact loved ones