Gestational Diabetes (GDM) Screening Algorithm

**Source:** Canadian Diabetes Association 2008 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada, page S172

**Risk Factors for GDM include:**

- Previous diagnosis of GDM
- Delivery of a baby > 9 lbs
- Aboriginal heritage
- Age ≥ 35 years
- BM1 ≥ 30 kg/m²
- Polycystic Ovary Syndrome (PCOS)
- Acanthosis nigricans
- Corticosteroid use