

STOP THE SPREAD!

Measles is extremely contagious

SYMPTOMS

- fever
- rash
- cough
- red eyes or runny nose
- small white spots inside the mouth

STAY HOME AND CALL 811

If you have symptoms, stay home and call 811.

For more info: text 'measles' to 88111

GET VACCINATED! HELP STOP THE SPREAD.

- Do not share personal items (water bottles, cups, utensils, tooth brushes).
- Wash your hands with soap and water or an alcohol-based hand sanitizer.
- Stay home if you are sick and limit contact with others.
- Cover your mouth and nose with a tissue or your upper sleeve when coughing or sneezing.
- Keep high-touch surfaces clean (phones, door handles).
- Wear a well-fitted mask or KN95 in crowded, indoor settings.



**IF YOU HAVE SYMPTOMS, STAY HOME
AND CALL 811.**

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