

# MEASLES IS EXTREMELY CONTAGIOUS

- Measles outbreaks are happening in the US, Europe and some parts of Canada. ***Due to travel, measles can be brought into Alberta.***
- **90%** of unimmunized people who have been exposed to measles get sick from the virus.
- **Up to 20%** of those who get sick may be hospitalized.
- **It can spread through the air** in public spaces even if you have not been in close contact with anyone.



## PROTECT YOURSELF

- Make sure your family is vaccinated with the measles vaccine, especially if you plan to travel.
- Vaccination is the best way to protect yourself, your children and your community.

**IF YOU HAVE SYMPTOMS, STAY HOME  
AND CALL 811.**  
**FOR MORE INFO: TEXT 'MEASLES' TO 88111**